

Individual placement and support (IPS) for people with severe mental health problems

Submission date 04/08/2011	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 27/09/2011	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 19/01/2018	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol

Background and study aims

Having a job is important to a person's identity and self-esteem. People who are unemployed are more likely to suffer from a wide range of mental and physical ill health as a consequence. It is widely recognised that people with severe mental health problems (such as schizophrenia or bipolar disorder) benefit socially, psychologically and economically from being employed. Government policy is geared towards encouraging people into work, and in recent years some of the barriers in the benefits system have been overcome. We have also learned about the most effective ways to support people with severe mental health problems who wish to work. An approach called Individual Placement and Support (IPS) is recommended by Department of Health guidelines. However, employment rates remain low, in Nottinghamshire no higher than 15%. Traditional vocational rehabilitation involved people first being treated to control their symptoms followed by training or work experience in a sheltered environment. However, in IPS clinical treatment and employment support are integrated and occur at the same time. The focus here is to help people get a job corresponding with their interests and then providing all the support they need for as long as necessary. This study aims to increase the number of people with mental health problems who are in paid work in Nottinghamshire. Besides boosting the supply of high-quality employment support, it will look at alternative ways of providing this, both with and without work-focused psychological counseling.

Who can participate?

Participants of working age (18-65) will be recruited from the caseloads of community mental health teams (CMHTs) and early intervention in psychosis (EIP) teams in Nottinghamshire.

What does the study involve?

Participants are randomly allocated to receive either IPS alone or IPS with work-focused psychological support, to see which approach has the best outcome. Participants complete questionnaires at the start of the study and after 6 and 12 months, and are also contacted via phone after 3, 9 and 18 months.

What are the possible benefits and risks of participating?

Not provided at time of registration.

Where is the study run from?
NIHR CLAHRC Nottinghamshire (UK).

When is the study starting and how long is it expected to run for?
August 2010 to July 2013.

Who is funding the study?
National Institute for Health Research (NIHR) (UK).

Who is the main contact?
Prof. Justine Schneider
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Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

Protocol serial number
10017

Study information

Scientific Title
Individual placement and support for people with severe mental health problems: an implementation study of IPS with and without individual counselling as access routes to paid employment

Study objectives
Psychological therapy as an adjunct to IPS will prove more successful in helping people with schizophrenia and related disorders into work than IPS alone

Ethics approval required

Old ethics approval format

Ethics approval(s)

Derbyshire Research Ethics Committee, 28/04/2010, ref: 10/H0401/18

Primary study design

Interventional

Study design

Single-centre randomised controlled trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Severe mental illness

Interventions

Individual Placement and Support (IPS) alone versus IPS + work - focussed psychological therapy

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. The total number of working hours completed within six months of entering the trial. We will measure this by monitoring job start and end dates and paid hours worked per week.
2. Type of employment and wage levels will be recorded

Key secondary outcome(s)

1. Changes in self-esteem, experienced stigma, work limitations, quality of life and changes in costs, service utilisation, income and related matters
2. We will also monitor other vocational activities such as education, training and volunteering that participants may have done while looking for paid work

Completion date

01/07/2013

Eligibility

Key inclusion criteria

1. Community Mental Health Teams and Early Intervention in Psychosis teams' clients of working age (18-60)
2. People with dual diagnosis (substance use problems and mental health issues) will also be included

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Upper age limit

60 Years

Sex

All

Key exclusion criteria

1. Inpatients at the time of invitation to participate
2. People currently in work or in education and not wishing to work
3. Individuals who are unwilling or unable to give informed consent
4. Participants who are already receiving cognitive based therapy (CBT)

Date of first enrolment

01/08/2010

Date of final enrolment

01/12/2011

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

NIHR CLAHRC Nottinghamshire

Nottingham

United Kingdom

NG7 2TU

Sponsor information**Organisation**

University of Nottingham (UK)

ROR

<https://ror.org/01ee9ar58>

Funder(s)

Funder type

Government

Funder Name

National Institute for Health Research (NIHR) (UK) - Collaboration for Leadership in Applied Health Research and Care (CLAHRC)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	09/05/2016		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes