

Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

Submission date 30/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2005	Overall study status Completed	☐ Protocol
Last Edited 26/03/2020	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0241139833

Study information

Scientific Title

Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

Study objectives

Does the use of a stopwatch in timing paced physical function significantly reduce self-reports of disability and pain in the chronic low pain population

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Low back pain

Interventions

40 chronic low back pain patients will be selected using the inclusion and exclusion criteria from the physiotherapy waiting list in the Pain Clinic at St Marys

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The following outcome measures will be utilised by using Short Form Mc Gill Pain Questionnaire, Oswestry Disability Questionnaire and Tampa Scale for Kinesiophobia Questionnaire

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/04/2004

Eligibility**Key inclusion criteria**

40 patients

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

30/11/2003

Date of final enrolment

30/04/2004

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

St Mary's NHS Trust

London

United Kingdom

W2 1NY

Sponsor information**Organisation**

Department of Health

Funder(s)**Funder type**

Hospital/treatment centre

Funder Name

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration