

# Cardiopulmonary exercise testing and haemodynamics in patients with chronic obstructive pulmonary disease

<b>Submission date</b> 14/10/2008	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 20/11/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 11/02/2009	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Ralf Ewert

**Contact details**  
Ernst Moritz Arndt University Greifswald  
Department of Internal Medicine  
Pulmonary Medicine and Infectious Diseases  
Friedrich Loeffler Strasse 23a  
Greifswald  
Germany  
17475

## Additional identifiers

## Study information

**Scientific Title**  
Cardiopulmonary exercise testing and haemodynamics in patients with chronic obstructive pulmonary disease: an observational cross-sectional study

**Study objectives**

1. Gas exchange data assessed by cardiopulmonary exercise testing (CPET) will provide profound prognostic and clinically relevant data to sub-classify patients with severe chronic obstructive pulmonary disease (COPD)
2. Noninvasive cardiopulmonary exercise characteristics correlate to invasively measured haemodynamics obtained by right heart catheterisation
3. Cardiopulmonary exercise measures provide substantial prognostic properties above invasive measures and lung function abnormalities

Please note that as of 11/02/2009 this record was updated to include amended trial dates. The initial trial dates at the time of registration were:

Initial anticipated start date: 01/01/2009

Initial anticipated end date: 30/06/2010

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Added 11/02/2009: University of Greifswald ethics committee gave approval on the 20th November 2008 (ref: BB 96/08)

### **Study design**

Observational cross-sectional study

### **Primary study design**

Observational

### **Study type(s)**

Diagnostic

### **Health condition(s) or problem(s) studied**

Chronic obstructive pulmonary disease (COPD)

### **Interventions**

Patients suffering from COPD (according to the GOLD criteria classified as stage III and IV) will undergo CPET according to a standardised exercise protocol. In addition to the previous obtained spirometric and body plethysmographic data, a number of CPET data will be investigated.

Based on this CPET data the aim of the study is to sub-classify patients into clinical and prognostic groups. The data of gas exchange during exercise might provide further insights in the exercise limiting disease related factors. The impact of the data might result in a new sub-classification of patients with severe COPD.

Depending on the investigators opinion right heart catheterisation can be applied in cases of suspected pulmonary hypertension.

### **Intervention Type**

Other

### **Phase**

Not Applicable

**Primary outcome(s)**

1. Exercise variables
2. Lung function data
3. Haemodynamic measures obtained by right heart catheterisation

Primary and secondary outcomes will be assessed at the end of the study.

**Key secondary outcome(s)**

1. GOLD stage
2. Mortality

Primary and secondary outcomes will be assessed at the end of the study.

**Completion date**

30/10/2010

**Eligibility****Key inclusion criteria**

1. Diagnosis of COPD (according to American Thoracic Society [ATS] case definition) meeting all necessary criteria to be classified as Global Initiative for chronic Obstructive Lung Disease (GOLD) III and IV
2. Informed consent for study-related procedure
3. Stable medications for the last two weeks
4. Ability to safely perform the CPET without contraindications
5. Aged 18 - 80 years, both genders

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Existing contraindication for exercise test
2. Patients with clinically relevant congestive heart failure or other diseases which may influence the results of the study (e.g. handicaps)
3. Exacerbation of COPD within the last two weeks before CPET
4. Conditions associated with poor compliance
5. Patients who have participated in a clinical study within the last four weeks

**Date of first enrolment**

01/04/2009

**Date of final enrolment**

30/10/2010

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

Ernst Moritz Arndt University Greifswald

Greifswald

Germany

17475

## Sponsor information

**Organisation**

DOCxcellence GmbH (Germany)

**ROR**

<https://ror.org/03jx7ar65>

## Funder(s)

**Funder type**

Industry

**Funder Name**

DOCxcellence GmbH (Germany)

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

