

# Role of vinegar in identifying abnormal cells in Barrett's oesophagus

|                                        |                                                   |                                                                                                   |
|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>22/07/2015   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>05/10/2015 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>10/05/2021       | <b>Condition category</b><br>Digestive System     | <input type="checkbox"/> Individual participant data                                              |

## Plain English summary of protocol

<http://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-study-using-vinegar-find-changes-cells-people-barretts-oesophagus-abba>

## Contact information

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Scientific

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# Additional identifiers

## Protocol serial number

19276

# Study information

## Scientific Title

A feasibility study with a crossover design to assess the diagnostic accuracy of acetic acid targeted biopsies versus non targeted biopsies (current practice) for detection of dysplasia during Barrett's surveillance: the ABBA study

## Acronym

ABBA

## Study objectives

Is a trial to investigate the diagnostic accuracy of acetic acid chromoendoscopy in a Barrett's surveillance population feasible and acceptable to patients and clinicians?

More details can be found at: <http://public.ukcrn.org.uk/Search/StudyDetail.aspx?StudyID=19276>

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

15/SC/0085

## Study design

Feasibility study, including a multicentre randomised crossover diagnostic study and qualitative interviews

## Primary study design

Interventional

## Study type(s)

Diagnostic

## Health condition(s) or problem(s) studied

Topic: Cancer, Gastroenterology; Subtopic: Upper Gastro-Intestinal Cancer, Gastroenterology; Disease: Oesophagus, All Gastroenterology

## Interventions

Participants will have two gastroscopies 4-10 weeks apart – one using mapping biopsies (current practice) and one using acetic acid. We will monitor how many agree to participate and reasons for withdrawal from the study. Numbers of precancerous areas detected by each method will inform how many patients we need for a larger study to test which method is best. We will explore participants' and doctors' views about acceptability of the new technique and how to improve study procedures using telephone interviews.

## Intervention Type

Other

**Primary outcome(s)**

1. To determine the feasibility of recruiting 200 Barrett's surveillance patients in 18 months
2. To assess participant acceptability of the study design through quantitative measures related to study procedures and in-depth qualitative feedback
3. To identify the degree of difference in dysplasia (pre-cancerous changes) detection rates between acetic acid gastroscopy (targeted biopsies) and standard gastroscopic practice (non-targeted mapping biopsies) to inform the power calculation for a definitive study
4. Feasibility of training and implementation of acetic acid guided dysplasia detection technique
5. To explore the acceptability to clinicians and patients of the concept of using a targeted biopsy technique for surveillance instead of non-targeted, mapping biopsies
6. To identify potential facilitators and barriers to recruitment and retention for the definitive trial
7. To describe adverse events for the two methods

**Key secondary outcome(s)**

1. To determine the feasibility of recruiting 200 Barrett's surveillance patients in 18 months
2. To assess participant acceptability of the study design through quantitative measures related to study procedures and in-depth qualitative feedback
3. To identify the degree of difference in dysplasia (pre-cancerous changes) detection rates between acetic acid gastroscopy (targeted biopsies) and standard gastroscopic practice (non-targeted mapping biopsies) to inform the power calculation for a definitive study
4. Feasibility of training and implementation of acetic acid guided dysplasia detection technique
5. To explore the acceptability to clinicians and patients of the concept of using a targeted biopsy technique for surveillance instead of non-targeted, mapping biopsies
6. To identify potential facilitators and barriers to recruitment and retention for the definitive trial
7. To describe adverse events for the two methods

**Completion date**

01/12/2017

**Eligibility**

**Key inclusion criteria**

1. Aged 18 years or above
2. Biopsy proven Barrett's metaplasia
3. At least 2cm of Barrett's metaplasia (C0 M2)
4. Willing and able to give informed consent

Target Gender: Male & Female ; Lower Age Limit 18 years

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

200

**Key exclusion criteria**

1. Less than 2cm (C0 M2) of Barrett's metaplasia
2. Significant oesophagitis
3. Known or prior oesophageal cancer
4. Known or prior oesophageal dysplasia (indefinite for dysplasia CAN be included)
5. Previous endoscopic therapy
6. Known allergy to acetic acid
7. Previous inclusion in the study

**Date of first enrolment**

01/05/2015

**Date of final enrolment**

01/11/2017

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Gloucestershire Royal Hospital

United Kingdom

GL1 3NN

**Study participating centre**

Portsmouth Hospitals NHS Trust

United Kingdom

PO6 3LY

**Study participating centre**

**Leicester Royal Infirmary**  
United Kingdom  
LE1 5WW

**Study participating centre**  
**Brighton and Sussex University Hospitals**  
United Kingdom  
BN2 5BE

**Study participating centre**  
**The Royal Bournemouth and Christchurch Hospitals**  
United Kingdom  
BH7 7DW

**Study participating centre**  
**Western Sussex Hospitals**  
United Kingdom  
BN11 2DH

**Study participating centre**  
**University of Portsmouth**  
United Kingdom  
PO1 2FR

## **Sponsor information**

**Organisation**  
Portsmouth Hospitals NHS Trust

**ROR**  
<https://ror.org/009fk3b63>

## **Funder(s)**

**Funder type**  
Government

**Funder Name**

NIHR Central Commissioning Facility; Grant Codes: PB-PG-1013-32045

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

| Output type                          | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|--------------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a>      |         | 01/01/2020   | 10/05/2021 | Yes            | No              |
| <a href="#">HRA research summary</a> |         |              | 28/06/2023 | No             | No              |