

Randomised trial of pre-pregnancy information and counselling in inner urban Melbourne

Submission date 14/01/2003	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
Registration date 14/01/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 13/10/2014	Condition category Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Judith Lumley

Contact details
Director
Centre for the Study of Mothers' and Children's Health
La Trobe University
251 Faraday Street
Carlton
Australia
VIC 3053

Additional identifiers

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Birth weight

Interventions

1. All participants receive a pre-pregnancy home visit by a Midwife/Community Health Nurse to discuss the prior pregnancy, the birth and postpartum experience.
2. At this visit those randomised to Intervention identify current social, health and lifestyle problems, and discuss timing, planning and preparation for the next pregnancy, including WAIT, STOP, GO advice card, offers of local referral to Community Health Centre for counselling, relaxation, dietary advice or other specific problems raised (eg family planning), arrangements for rubella immunisation if not received, genetic/family history (+ screening for hypertension and asymptomatic bacteriuria in 1991-92 only).

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/2005

Eligibility

Key inclusion criteria

Women who had one child, close to 6 months old, and were resident in one of the participating local government areas were recruited through their Maternal and Child Health Nurse (universal state-wide service)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/07/2004

Date of final enrolment

31/12/2005

Locations

Countries of recruitment

Australia

Study participating centre

Director

Carlton

Australia

VIC 3053

Sponsor information

Organisation

La Trobe University (Australia)

ROR

<https://ror.org/01rxfrp27>

Funder(s)

Funder type

Research council

Funder Name

National Health and Medical Research Council PHRDC project grant 1991-4 [# 912716] Richmond Community Health Centre

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results:	10/12/2006		Yes	No