ISRCTN20165116 https://doi.org/10.1186/ISRCTN20165116

Randomised trial of pre-pregnancy information and counselling in inner urban Melbourne

Submission date
14/01/2003

Recruitment status
No longer recruiting

Registration date
14/01/2003

Overall study status
Completed

Last Edited
13/10/2014

Condition category
Pregnancy and Childbirth

[X] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Judith Lumley

Contact details
Director
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Additional identifiers

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Birth weight

Interventions
1. All participants receive a pre-pregnancy home visit by a Midwife/Community Health Nurse to discuss the prior pregnancy, the birth and postpartum experience.
2. At this visit those randomised to Intervention identify current social, health and lifestyle problems, and discuss timing, planning and preparation for the next pregnancy, including WAIT, STOP, GO advice card, offers of local referral to Community Health Centre for counselling, relaxation, dietary advice or other specific problems raised (eg family planning), arrangements for rubella immunisation if not received, genetic/family history (+ screening for hypertension and asymptomatic bacteriuria in 1991-92 only).

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s)
Not provided at time of registration

Completion date
31/12/2005

Eligibility

Key inclusion criteria
Women who had one child, close to 6 months old, and were resident in one of the participating local government areas were recruited through their Maternal and Child Health Nurse (universal state-wide service)

Participant type(s)

Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Female

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/07/2004

Date of final enrolment
31/12/2005

Locations

Countries of recruitment
Australia

Study participating centre
Director
Carlton
Australia
VIC 3053

Sponsor information

Organisation
La Trobe University (Australia)

ROR
https://ror.org/01rxfrp27

Funder(s)

Funder type
Research council

Funder Name
National Health and Medical Research Council PHRDC project grant 1991-4 [# 912716] Richmond Community Health Centre

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results:	10/12/2006		Yes	No