

The Manchester parent-child preparation study

Submission date 31/07/2014	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 31/07/2014	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 06/06/2018	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Jonathan Hill

Contact details
HCD
School of Psychological Sciences
Humanities
Devas Street, Oxford Road
Manchester
United Kingdom
M13 9PL
+44 161 275 0723
Jonathan.Hill@manchester.ac.uk

Additional identifiers

Protocol serial number
16637

Study information

Scientific Title
Pilot evaluation of a brief family domains intervention for parents of children referred with emotional and behavioural problems: the Manchester parent-child preparation study

Study objectives

Mental health problems in children commonly persist or recur. Effective treatment is therefore crucial. Parent training is effective however it is demanding on parents time, and drop outs are common. We therefore propose to evaluate a brief, one session, intervention offered to parents in groups, between the time of referral and first appointment. This takes as its starting point that children with mental health problems have difficulties with emotions such as anxiety, sadness or anger, or problems in controlling behaviours. This presents a challenge to parents as to how to attend to their childrens emotional needs, and provide discipline, while preserving pleasurable times together. In the groups, these different activities of children with parents, known as domains, are explained and discussed. The aim is to provide parents with tools to evaluate their childrens behaviours, and to make choices about how they respond to promote emotional and behavioural regulation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

North West - Greater Manchester West Research Ethics Committee, 28/01/2014, ref: 13/NW/0870

Study design

Randomised; Interventional; Design type: Treatment

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: Children, Mental Health; Subtopic: All Diagnoses, Anxiety; Disease: Anxiety, All Diseases

Interventions

Following provision of informed consent, parents will be randomized in the ratio 2:1 (120 intervention) no more than 4 weeks prior to their first clinical appointment. Parents will either be invited to a group meeting to receive the domains-based parent training or will wait for their first appointment in the usual way.

Child adjustment and parental criticism of the child will be measured before and after the group in the intervention arm (and at two equivalent points in the control group), and after 3 months. Parents experience of the groups will be assessed and usage of NHS resources will be measured.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Parental criticism is assessed using the 5 minute speech sample at baseline, 4 and 12 weeks

Key secondary outcome(s)

1. Child behaviour checklist at baseline, 4 and 12 weeks
2. Strengths and difficulties questionnaire at baseline, 4 and 12 weeks

Completion date

31/05/2016

Eligibility**Key inclusion criteria**

Parents of children up to the age of 11 years referred to an innercity Child and Adolescent Mental Health Service (CAMHS)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Upper age limit

11 years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

02/06/2014

Date of final enrolment

31/05/2016

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

HCD
Manchester
United Kingdom
M13 9PL

Sponsor information

Organisation
University of Manchester (UK)

ROR
<https://ror.org/027m9bs27>

Funder(s)

Funder type
Government

Funder Name
NIHR Research for Patient Benefit (RfPB); Grant Codes: PB-PG-0610-22260

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No