

# Relapse prevention among schizophrenia: A multi stage randomised controlled group study.

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 29/05/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0195129515

## Study information

**Scientific Title**

**Study objectives**

Whether a prescribed course of relapse prevention therapy (RPT), based on Marlatts model, may have a statistically significant higher knowledge score post-group; whether there will be a significant reduction of inpatient bed nights and whether there will be a statistically significant degree of contact maintenance with helping services by comparison with the comparison group?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Schizophrenia

**Interventions**

For the experimental group, there will be a semi structured interview questionnaire at pre and post relapse prevention therapy (RPT) and at 5 weeks follow up. For the control group, there will be a semi structured questionnaire to be completed at the same time as that of the experimental group and afterwards at 3 months interval to ensure matching time intervals. In addition there will be a demographic characteristic form to complete on ever participant.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Relapse prevention skills and knowledge, reduction of in-patient hospitalisation and an improvement in maintaining contact with helping services.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

16/06/2003

**Reason abandoned (if study stopped)**

Lack of staff/facilities/resources

## Eligibility

### Key inclusion criteria

Patients with a primary diagnosis of schizophrenia (International Statistical Classification of Diseases and Related Health Problems - tenth revision [ICD10] = F20-29)

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Not Specified

### Sex

Not Specified

### Key exclusion criteria

Does not meet inclusion criteria

### Date of first enrolment

08/07/2002

### Date of final enrolment

16/06/2003

## Locations

### Countries of recruitment

United Kingdom

England

### Study participating centre

Trust

London

United Kingdom

NW10 7NS

## Sponsor information

Organisation

Department of Health

## **Funder(s)**

### **Funder type**

Other

### **Funder Name**

London West Mental R&D Consortium (UK)

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

#### **IPD sharing plan summary**

Not provided at time of registration