

Comparing different diagnostic tests to determine what back problem patients may have: A study protocol

Submission date 24/05/2017	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 24/05/2017	Overall study status Completed	☐ Statistical analysis plan ☐ Results
Last Edited 24/05/2017	Condition category Musculoskeletal Diseases	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol

Background and study aims

Musculoskeletal disorders (MSD) include different disorders such as osteoarthritis, rheumatoid arthritis, low back pain, neck pain and many more. They account for a large part of global disability and are predicted to increase over the next few years. Recent studies have stated that it is urgent to prevent and control the growth of musculoskeletal disorders by experts in this field; therefore there is a need for changes in the health system and research to understand the management and prevention of such MSD. There is a need to know whether people suffer from a certain "musculo-skeletal" health problem and what tests can be performed by clinicians to detect it in order to direct more research. The aim of this study is to evaluate the accurateness of using a mechanical chiropractic device using different diagnostic tests.

Who can participate?

Adults aged 18 to 70 years old who have a history of back pain.

What does the study involve?

Participants who attend the clinic for back pain undergo two different tests. They first undergo an assessment of their muscles using the modified ankle rigidity test and a leg length inequality test using a motion capture device. They then undergo a chiropractic procedure using a mechanical device that is applied to their neck area. They then repeat the measurements. After this, they undergo an x-ray. The results from the tests are compared to the results from the x-ray to see if there are any differences.

What are the possible benefits and risks of participating?

There are no notable benefits or risks with participating in this study.

Where is the study run from?

1. Centre Quiropràctica Girona (Spain)
2. Gabinet Mèdic de Diagnosi i Tractament: GD mèdic Girona (Spain)

When is the study starting and how long is it expected to run for?

March 2017 to December 2018

Who is funding the study?

Investigator initiated and funded (Spain)

Who is the main contact?

Dr Joaquin Valdivia Tor

migdiaquiro@gmail.com

Contact information

Type(s)

Scientific

Contact name

Dr Joaquin Valdivia Tor

ORCID ID

<https://orcid.org/0000-0002-2404-9373>

Contact details

Gran Via Jaume I

42, 2, 2

Girona

Spain

17001

Additional identifiers

Protocol serial number

study protocol

Study information

Scientific Title

Prediction of the axial rotation of the atlantooccipital joint by means of the modified manual ankle rigidity test and radiography: Study protocol of a randomized double-blind controlled trial

Study objectives

The aim of this study is to evaluate the accurateness of the predicted rotational degree set on a mechanical chiropractic device by the main assessor in 50 subjects through the elicited immediate neurophysiological response as measured by one diagnostic test (modified ankle rigidity test) as compared to the radiographic measurement of the atlantooccipital joint. Another diagnostic test (leg length inequality test) is used to assess possible changes in (functional leg discrepancy).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Primary study design

Interventional

Study design

Randomized prospective double-blind trial of one diagnostic test as primary outcome compared to radiographic measurement outcomes

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Musculo-skeletal

Interventions

Participants consent to participate in the study and have their medical history and physical examination in order to confirm eligibility.

Participants undergo the treatment session. This starts with an assessment of muscle dysfunction using the modified ankle rigidity test, followed by the leg length inequality test with the motion capture device. Next, treatment is applied with the mechanical chiropractic device applied in their neck area according to some specifications and to the criteria of the main assessor. After each application or attempt, the assessor uses the modified ankle rigidity test to evaluate changes. If no changes are observed, a second attempt is carried out and so on. If changes are observed, the assessor stops treatment and performs the leg length inequality test.

After data is recorded, the assessor and the subject go to the X-ray clinic (Gabinet Mèdic de Diagnosi i Tractament)) to take the radiographic view. The assessor is blinded to the results by not seeing the X-ray at any time. They only position the patient, following similar instructions as described for this purpose and the clinic X-ray technician takes the radiograph. The radiographic equipment is regularly aligned by the clinic owners. The results are kept in the X-ray clinic and at the end of the study they are sent to the independent assessor for evaluation. Then, all the results will be sent to the statistician for compilation.

At this point, there is no follow up for participants except for continuing care under main assessor's private clinic if they decide to.

Intervention Type

Device

Primary outcome(s)

Muscle rigidity is measured using the modified ankle rigidity test and Ashworth scale at baseline and after the treatment.

Key secondary outcome(s)

1. Leg length discrepancy is measured in sub-millimeters using the leg length inequality test at baseline and after the treatment
2. Degrees of rotation of the atlanto-occipital joint are measured using radiographic views at baseline and after treatment

Completion date

03/12/2018

Eligibility

Key inclusion criteria

1. Present or past history of back pain
2. Any gender aged from 18 to 70 years old
3. Consent to participate in the study

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

1. Tumour
2. Spinal fracture
3. Back pain associated with externalized cervical disc herniation
4. Previous back surgery
5. Dizziness and vertigo
6. Spasmodic torticollis
7. Can't sit for more than 30 minutes
8. Received other manual therapies in the previous ten days of the study
9. Under similar care other than the one used in this study in the past.
10. Pregnancy

Date of first enrolment

04/01/2018

Date of final enrolment

03/10/2018

Locations

Countries of recruitment

Spain

Study participating centre
Centre Quiropràctica Girona
Gran Via Jaume I
42,2,2
Girona
Spain
17001

Study participating centre
Gabinet Mèdic de Diagnosi i Tractament: GD mèdic Girona
Plaça Josep Pla
Girona
Spain
17001

Sponsor information

Organisation
Joaquin Valdivia

Funder(s)

Funder type
Other

Funder Name
Investigator initiated and funded

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be stored in a non-publicly available repository and will be made available from the main assessor, the independent assessor and the statistician.

IPD sharing plan summary

Stored in repository