

Preventive health survey in elderly people

Submission date 07/06/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 07/06/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 17/09/2007	Condition category Circulatory System	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
PGO2006

Study information

Scientific Title

Study objectives

Participation in a health survey for elderly people (60-75 years) on risk factors for cardiovascular diseases, depression, osteoporosis and falls, followed by a subsequent personalized health

advice from a community nurse on lifestyle modification and/or reference to local preventive activities, will lead to a decreased risk profile within the surveyed group and to a decrease in an abbreviated risk profile in comparison to a control group.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomized controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Falls, osteoporosis, cardiovascular disease, depression

Interventions

Health survey for risk factors followed by personalized advice on lifestyle and/or advice of to follow course to improve lifestyle. Health survey consists of anamnestic interview consisting of both validated questionnaires and physical examination. Control group will only receive questionnaires by mail.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Percentage of persons with improvement of one step or more in risk profile. Risk profile = combination of risk factors for cardiovascular diseases (4 levels), depression (4 levels), osteoporosis (2 levels) and falls (4 levels), where level 1 = low risk; 4 = high risk.

For the comparison with the control group, an abbreviated risk profile will be constructed from the risk factors that can be assessed by questionnaire.

Outcome will be assessed at start and 12 months later.

Key secondary outcome(s)

Health related quality of life (short-form questionnaire-36 [SF-36] and EQ-5D)

Completion date

31/07/2007

Eligibility

Key inclusion criteria

Random selection of all community-dwelling elderly persons, aged 60-75 living in the Netherlands in the regions: Zuid-Beveland, Schouwen-Duiveland, Soest and Soesterkwartier (Amersfoort).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

Elderly people living in residential homes or hospital

Date of first enrolment

13/01/2006

Date of final enrolment

31/07/2007

Locations

Countries of recruitment

Netherlands

Study participating centre

GGD Zeeland

Goes

Netherlands

4460 AS

Sponsor information

Organisation

GGD Zeeland (The Netherlands)

ROR

<https://ror.org/042s2nd27>

Funder(s)

Funder type

Government

Funder Name

Community of Soest

Funder Name

Community of Amersfoort

Funder Name

Community of Schouwen-Duiveland

Funder Name

Community of Reimerswaal

Funder Name

Community of Kapelle

Funder Name

Community of Goes

Funder Name

Zorgkantoor

Funder Name

Province of Zeeland

Funder Name

GGD Zeeland

Funder Name

Stichting

Funder Name

Central Fund Reserves of the Former Voluntary National Health Service Administration Insurances (Centraal Fonds van Voormalig Vrijwillige Ziekenfondsverzekeringen [RvvZ])

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration