

Family Focused Cognitive Behavioural Therapy for Adolescents with Chronic Fatigue Syndrome (CFS)

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/01/2004	Overall study status Completed	☐ Protocol
Last Edited 03/03/2011	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RDC01636

Study information

Scientific Title

Study objectives

The study members have developed a family oriented cognitive behavioural approach for adolescents with chronic fatigue syndrome (CFS). The approach is based on a model of understanding the condition which makes a distinction between precipitating and perpetuating factors. The model will be tested via a randomised controlled trial.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Chronic fatigue syndrome

Interventions

- i. Family focused cognitive behavioural psychotherapy (CBT)
- ii. Treatment as usual (TAU)

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The main outcome will be the school attendance rate expressed as a percentage of expected attendance.

Key secondary outcome(s)

Anxiety and depression

Completion date

01/10/2003

Eligibility**Key inclusion criteria**

Patients aged between 11 and 17 years fulfilling the criteria for CFS.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

11 years

Upper age limit

17 years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/10/1999

Date of final enrolment

01/10/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

King's College School of Medicine

London

United Kingdom

SE5 8AZ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive London, UK

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2010		Yes	No