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Family Focused Cognitive Behavioural Therapy for Adolescents with Chronic Fatigue Syndrome (CFS)

Submission date 23/01/2004	**Recruitment status** No longer recruiting
Registration date 23/01/2004	**Overall study status** Completed
Last Edited 03/03/2011	**Condition category** Mental and Behavioural Disorders

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RDC01636

Study information

Scientific Title

Study objectives
The study members have developed a family oriented cognitive behavioural approach for adolescents with chronic fatigue syndrome (CFS). The approach is based on a model of understanding the condition which makes a distinction between precipitating and perpetuating factors. The model will be tested via a randomised controlled trial.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Chronic fatigue syndrome

Interventions
i. Family focused cognitive behavioural psychotherapy (CBT)
ii. Treatment as usual (TAU)

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
The main outcome will be the school attendance rate expressed as a percentage of expected attendance.

Key secondary outcome(s)
Anxiety and depression

Completion date
01/10/2003

Eligibility

Key inclusion criteria
Patients aged between 11 and 17 years fulfilling the criteria for CFS.

Participant type(s)

Patient

Healthy volunteers allowed
No

Age group
Child

Lower age limit
11 Years

Upper age limit
17 Years

Sex
All

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/10/1999

Date of final enrolment
01/10/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
King's College School of Medicine
London
United Kingdom
SE5 8AZ

Sponsor information

Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
NHS Executive London, UK

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2010		Yes	No