

Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/01/2004	Overall study status Completed	☐ Protocol
Last Edited 31/10/2019	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RDC00251

Study information

Scientific Title

Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

Study objectives

There are numerous compelling reasons to shift as much mental health care provision into community settings, including general practice surgeries. However, the impact of such a policy remains inadequately evaluated. Previous research has focused on experimental studies of particular interventions in selected patient groups. By contrast, this study is pragmatic, aiming to examine the overall effect of a new service provision on the practices involved as well as on their patients. The clinical benefits and cost-effectiveness will be assessed by providing a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five general (Experimental) practices. The attached mental health workers will assess and treat patients, and will also participate with the general practitioners in regular practice meetings to discuss patients. Each practice will be matched for practice characteristics and patient population with another (Control) practice, without attached mental health workers. Patients recognized by the Experimental practices as requiring an intervention for a mental health problem will be compared in management and outcome at follow up with several other patient groups, including a matched patient group from the Control practices, and the patient group in the Experimental group with unrecognised mental health problems. The indirect benefits of introducing the mental health workers on general practitioners' recognition and management of mental health problems will also be examined. The cost-effectiveness will be assessed of providing the sessional clinical psychology and community psychiatric nursing attachments.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and behavioural disorders: schizophrenia and other psychoses, depression, anxiety, neuroses

Interventions

1. Provision of a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five (Experimental) general practices
2. (Control) practices with standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Increase in GP recognition of mental health symptoms, and reduction in inpatient and outpatient admissions.

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/1998

Eligibility**Key inclusion criteria**

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

31/01/1996

Date of final enrolment

31/12/1998

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Charing Cross & Westminster Medical School
London
United Kingdom
W6 8RP

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive London (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration