

# Pilot study to look at the physiological response to walking on a treadmill with Nordic poles of patients with intermittent claudication of the lower limb

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 18/07/2011	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mr Jonathan Beard

**Contact details**  
STH NHS Foundation Trust  
Vascular Research  
Sheffield Vascular Institute, Firth 4  
Northern General Hospital  
Sheffield  
United Kingdom  
S5 7AU  
+44 0114 271 5534  
jonathan.d.beard@sth.nhs.uk

## Additional identifiers

**Protocol serial number**  
N0059185034

# Study information

## Scientific Title

## Study objectives

Will claudication distance and max walking distance be greater when walking using Nordic walking poles in a standard treadmill walking test?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled pilot study

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Cardiovascular: Intermittent claudication

## Interventions

Nordic poles vs standard treatment

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome(s)

Distance walked by participants

## Key secondary outcome(s)

Not provided at time of registration

## Completion date

04/04/2007

## Eligibility

### Key inclusion criteria

Intermittent claudication

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2006

**Date of final enrolment**

04/04/2007

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**STH NHS Foundation Trust**

Sheffield

United Kingdom

S5 7AU

**Sponsor information****Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

**Funder(s)****Funder type**

Government

**Funder Name**

Sheffield Teaching Hospitals NHS Foundation Trust (UK)

**Funder Name**

NHS R&D Support Funding

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/2008		Yes	No