

# Irritable Bowel Syndrome: Ketotifen

|                                        |                                                   |                                                                                                   |
|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>04/08/2005   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>04/08/2005 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>02/12/2010       | <b>Condition category</b><br>Digestive System     | <input type="checkbox"/> Individual participant data                                              |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NTR39

## Study information

**Scientific Title**  
The effect of a mast cell-stabiliser on rectal sensitivity

**Study objectives**  
To assess the effect of a mast cell-stabiliser on rectal sensitivity.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from local ethics committee

**Primary study design**

Interventional

**Study design**

Randomised, placebo controlled, parallel group trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Irritable bowel syndrome (IBS)

**Interventions**

Patient will be randomised to receive either 2, 4 or 6 mg ketotifen twice a day (BID) or placebo for two months. Patients will undergo a barostat before and after treatment. Prior to the barostats six rectal biopsies will be taken via a proctoscope.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Ketotifen

**Primary outcome(s)**

The effect of the mast cell-stabiliser ketotifen on the rectal sensitivity in IBS.

**Key secondary outcome(s)**

1. The effect of the mast cell-stabiliser ketotifen on inflammation in rectal biopsy specimen
2. The effect of ketotifen on IBS-symptoms

**Completion date**

01/06/2006

## **Eligibility**

**Key inclusion criteria**

1. Fulfilling Rome II criteria of Irritable Bowel Syndrome (IBS)
2. 18 to 65 years of age
3. No other organic abnormalities explaining the complaints

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 Years

**Upper age limit**

65 Years

**Sex**

All

**Key exclusion criteria**

1. Severe comorbidity
2. Use of sedatives, hypnotics or antihistamines
3. Pregnancy/lactation

**Date of first enrolment**

01/06/2005

**Date of final enrolment**

01/06/2006

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

**Meibergdreef 9**

Amsterdam

Netherlands

1105 AZ

**Sponsor information****Organisation**

Academic Medical Centre (AMC) (The Netherlands)

**ROR**

<https://ror.org/03t4gr691>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

Academic Medical Centre (AMC) (The Netherlands)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/09/2010   |            | Yes            | No              |