ISRCTN22549991 https://doi.org/10.1186/ISRCTN22549991

Filipino family initiative: Prevention of behavioral problems in Filipino youth using an evidence-based parenting intervention

Submission date
21/09/2015

Recruitment status
No longer recruiting

Registration date
08/10/2015

Overall study status
Completed

Last Edited
10/12/2020

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol

Background and study aims
A growing number of school-age children are showing behavioral problems at home and at school. Many studies have shown that problem behavior in young children can get worse with age, and can even affect their mental health as adults. It is therefore important to a healthy childhood development that behavioral problems are addressed early on. Parent education programs have been proven to be very successful at improving child behavior. It has been found however that families in ethnic minorities are a hard-to-reach group for this type of program. A possible reason for this may stem from cultural differences, and differences in parenting styles to the general population. The 'Incredible Years' school age program is a basic parenting program that is designed to strengthen the relationship between parents and children. Through the use of videos, group discussions and problem-solving exercises, parents are taught to better manage the behaviour of their children. This program has shown remarkable success in many different ethnic groups worldwide in improving child behavior and performance in school. The aim of this study is to find out whether the Incredible Years program is would work well for Filipino parents in America.

Who can participate?
Filipino parents aged 18 or over, of a child between 6 and 12 years old.

What does the study involve?
Participants are randomly allocated into one of two groups. Parents in the first group immediately begin a 12 week video-based parent education program (Incredible Years). Participants are asked to complete a survey asking about how their child behaves at home and at school, and about their own parenting techniques. After each session of the program, participants are asked to fill out a questionnaire about their opinions of the session leaders and the content of the sessions. Parents allocated into the second group are enrolled in the program three months later. At the end of the intervention and again 12 weeks later, participants undertake a number of questionnaire to measure their stress levels and satisfaction with the program, as well as the children's behaviour and parenting methods used.

What are the possible benefits and risks of participating?
A potential benefit is that participants may learn parenting skills that can help to improve their children's' behaviour and success in school. There are no significant risks of participating, although some people may find the topics discussed or questions asked can be embarrassing or upsetting.

Where is the study run from?
Children's Hospital Los Angeles (USA)

When is the study starting and how long is it expected to run for?
July 2011 to September 2012

Who is funding the study?
1. Southern California Clinical and Translational Science Institute (USA)
2. National Institutes of Health (USA)
3. National Center for Advancing Translational Sciences (USA)
4. National Center for Research Resources (USA)

Who is the main contact?
Dr Joyce Javier

Contact information

Type(s)
Scientific

Contact name
Dr Joyce Javier

ORCID ID
https://orcid.org/0000-0002-6224-6044

Contact details
4650 Sunset Blvd. MS# 76
Los Angeles
United States of America
90027

Additional identifiers

Study information

Scientific Title
Prevention of behavioral problems in Filipino youths with an evidence-based parenting intervention: A faith-based randomized pilot study

Study objectives
The aim of this study is to provide preliminary data about the efficacy and feasibility of the Incredible Years School Age Parent Training Program when offered in a community faith-based setting to Filipino parents.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Children's Hospital Los Angeles Institutional Review Board, ref: CCI-11-00182

Primary study design
Interventional

Study design
Community-based single-centre pilot randomized controlled trial

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Child behavioral problems

Interventions
Participants were randomized using a random number generator to one of two conditions:

1. Participants enrolled in the Incredible Years School Age Parent Program immediately
2. Participants enrolled in the Incredible Years School Age Parent Program 3-months later

The intervention is the Incredible Years School Age BASIC Parent Program for parents of children ages six to 12 years. The social cognitive learning theory based program shows vignettes of real parents from diverse backgrounds modeling parenting skills in effective and ineffective ways. Group leaders also coach role plays with participants and then debrief the group about what the participants did well and how it felt to play the role of the parent or the child.
Parents in the experimental group attended a series of 12 weekly 2-hour sessions. A follow up assessment was performed at baseline, after the intervention and 12 weeks later. The intervention was subsequently repeated with the control group.

Intervention Type
Behavioural

Primary outcome(s)
Parenting practices are measured using the LIFT Parenting Practices Index at baseline, after the intervention and 12 weeks later.

Key secondary outcome(s)
1. Child behavior is measured using the Achenbach Child Behavior Checklist at baseline, after the intervention and 12 weeks later
2. Parental stress is measured using the Parenting Stress Index-Short Form at baseline, after the intervention and 12 weeks later
3. Satisfaction is assessed by the Parent Satisfaction Questionnaire. This is a 40-item Likert type scale that measures parent satisfaction regarding overall program, teaching format, specific parenting techniques, evaluation of group leaders, and feeling about the parent group. It was created by developer of Incredible Years

Completion date
30/09/2012

Eligibility

Key inclusion criteria
1. Aged 18 years or over
2. Parent or legal guardian of a child who is between ages 6-12 years of age
3. Nationality Filipino American
4. Participant is willing to complete pre- and post- surveys, participate in a 12 week program entitled the Incredible Years
5. Fluent in English

Participant type(s)
Healthy volunteer

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 Years

Sex
All

Total final enrolment
22

Key exclusion criteria
1. Target child has developmental disabilities

Date of first enrolment
01/09/2011

Date of final enrolment
31/01/2012

Locations

Countries of recruitment
United States of America

Study participating centre
Children's Hospital Los Angeles
4650 Sunset Blvd MS#76

Los Angeles
United States of America
90027

Sponsor information

Organisation
Children's Hospital Los Angeles

ROR
https://ror.org/00412ts95

Funder(s)

Funder type
Not defined

Funder Name
Southern California Clinical and Translational Science Institute

Funder Name
National Institutes of Health

Alternative Name(s)
US National Institutes of Health, Institutos Nacionales de la Salud, NIH, USNIH

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United States of America

Funder Name
National Center for Advancing Translational Sciences

Alternative Name(s)
NIH's National Center for Advancing Translational Sciences, NCATS, NCATS NIH, NIH NCATS

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United States of America

Funder Name
National Center for Research Resources

Alternative Name(s)
NCRR

Funding Body Type
Government organisation

Funding Body Subtype
National government

Location
United States of America

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2016	10/12/2020	Yes	No