

Miami Selenium for heart & immune health trial

Submission date 13/06/2006	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 03/07/2006	Overall study status Completed	☐ Protocol
Last Edited 16/08/2011	Condition category Infections and Infestations	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Barry Hurwitz

Contact details
Behavioral Medicine Reaserch Center (200 BMRC)
c/o VA Medical Center
1201 NW 16 Street
Miami
United States of America
33125
+1 305 575 7161
bhurwitz@miami.edu

Additional identifiers

Protocol serial number
RO1 DA13128

Study information

Scientific Title

Acronym
MIASEL

Study objectives

The primary aim of this project is to examine whether selenium supplementation in cocaine-abusing and non-substance-abusing Human Immunodeficiency Virus (HIV) infected persons will diminish oxidative stress and improve immune function, insulin sensitivity, cardiac and vascular function, and indices of Cardiovascular Disease (CVD) risk. The secondary aim of this project is to determine whether oxidative stress, insulin sensitivity, and immune and cardiovascular function are potential mediating mechanisms for selenium effects on the measures of CVD risk.

Ethics approval required

Old ethics approval format

Ethics approval(s)

3/23/2001; 5/15/2002; 4/14/2003; 3/8/2004; 3/29/2005; 1/18/2006 WIRB PRNo:20060171
All dates except the last pertain to University of Miami Institutional Review Board. Due to institutional difficulties, the protocol was then outsourced by the University of Miami to the Western Institutional Review Board.

Primary study design

Interventional

Study design

Two group randomised double-blind placebo-controlled study

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Human Immunodeficiency Virus (HIV)

Interventions

Selenium supplement (200 ug/day) versus placebo

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Selenium

Primary outcome(s)

HIV viral load, CD4 count, metabolic syndrome, cardiac contractility, cardiac compliance, cardiac mass

Key secondary outcome(s)

Oxidative stress, inflammation

Completion date

30/06/2006

Eligibility

Key inclusion criteria

1. Participants provided informed consent
2. Presented documented evidence of their HIV-1 infection
3. Were 18 to 55 years of age
4. Were not being treated pharmacologically for a diagnosed cardiovascular condition (e.g., beta-blockers, calcium antagonists, Angiotensin-Converting Enzyme [ACE] inhibitors), for carbohydrate conditions (e.g., hypoglycemics, insulin sensitizers), for psychiatric conditions (e.g., antipsychotics, antidepressives), and for endocrine conditions (e.g., estrogen hormonal replacement)
5. Presented no evidence of myocardial infarction or Atrio-Ventricular (AV) conduction arrhythmias upon electrocardiogram
6. Had no history of diabetes or cardiovascular disorder, or other major systemic diagnosis unrelated to HIV spectrum disease
7. Had no gross neurocognitive dysfunction indicated by a Folstein Mini-Mental Status Exam (MMSE) score < 26
8. Did not have a recent acute infection or surgery within three months of study entry
9. Were premenopausal and not pregnant with no intent to become pregnant
10. Were not participating in another blinded clinical trial
11. Refused to discontinue use of a nutritive supplement that contained > 50 ug per pill
12. Had a serum selenium level upon screen equal or superior to 75 ug/l.

Participants meeting these criteria signed an informed consent form for screening and if still eligible additional written consent was obtained for randomization into the trial.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

1. Participating in another blinded clinical trial
2. Being treated pharmacologically (e.g., beta-blockers, calcium antagonists, ace inhibitors) for diagnosed cardiovascular function
3. Pregnant or have the intent to become pregnant
4. Post-menopausal women
5. Presenting an electrocardiogram (ECG) arrhythmia in which the proposed cardiovascular assessments would be contraindicated
6. Taking any medications that have contraindicating cardiovascular effects (i.e., tricyclic anti-

depressant medications, etc.)

7. Displaying gross neurocognitive dysfunction indicated by a Folstein Mini-Mental Status Exam (MMSE) score equal or superior to 26

Date of first enrolment

23/03/2001

Date of final enrolment

30/06/2006

Locations

Countries of recruitment

United States of America

Study participating centre

Behavioral Medicine Research Center (200 BMRC)

Miami

United States of America

33125

Sponsor information

Organisation

National Institute on Drug Abuse (USA)

ROR

<https://ror.org/00fq5cm18>

Funder(s)

Funder type

Government

Funder Name

National Institute on Drug Abuse (USA)

Alternative Name(s)

The National Institute on Drug Abuse, NIH National Institute on Drug Abuse, Instituto Nacional sobre el Abuso de Drogas, Instituto Nacional sobre el Abuso de Drogas de Estados Unidos, NIDA

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United States of America

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	22/01/2007		Yes	No