

The effects of exercise upon health related quality of life in multiple sclerosis patients

Submission date 30/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 30/09/2005	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 17/04/2014	Condition category Nervous System Diseases	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0138156179

Study information

Scientific Title

Study objectives

To examine the effects of a supervised exercise program in patients with MS

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Multiple sclerosis (MS)

Interventions

Patients are randomised to:

1. Supervised exercise program
2. Care as usual

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Health related quality of life
2. Physical function
3. Expanded Disability Status Scale (EDSS)
4. Immune function

Key secondary outcome(s)

No secondary outcome measures

Completion date

31/03/2006

Eligibility**Key inclusion criteria**

50 adult MS patients

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/2005

Date of final enrolment

31/03/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

The Dept of Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Government

Funder Name

Midland Research Practices Consortium (MidReC) (UK)

Funder Name

Royal Hallamshire Hospital (UK) - Neurology Department

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2013		Yes	No