

Acupuncture for osteoarthritis of the knee: a pilot for a randomised controlled trial

Submission date 22/06/2006	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 04/10/2006	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 18/02/2010	Condition category Musculoskeletal Diseases	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Acronym
AOK

Study objectives

That a full-scale randomised controlled trial is feasible, and that the design can be optimised on the basis of the pilot

Ethics approval required

Old ethics approval format

Ethics approval(s)

York Local Research Ethics Committee (reference no.:06/Q1108/30), approval received on 09/06/2006.

Primary study design

Interventional

Study design

A pilot for a randomised controlled trial.

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Osteoarthritis of the knee

Interventions

Group one: acupuncture plus usual General Practitioner (GP) care

Group two: usual GP care alone

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The impact of acupuncture on osteoarthritis of the knee will be measured using the WOMAC™ knee and hip osteoarthritis index, the Knee injury and Osteoarthritis Outcome Score (KOOS) and the Oxford knee score

Key secondary outcome(s)

Quality of life will be assessed using the EuroQOL 5D Instrument (EQ-5D)

Completion date

31/12/2008

Eligibility

Key inclusion criteria

Patients over 50 years old who have consulted in primary care with a diagnosis of osteoarthritis of the knee and are experiencing ongoing pain and stiffness in the knee

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Currently receiving acupuncture
2. Pending litigation related to the knee
3. Under cancer care review
4. Haemophilia
5. Rheumatoid arthritis
6. Total knee or hip surgery on the affected side

Date of first enrolment

01/07/2006

Date of final enrolment

31/12/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Health Sciences

York

United Kingdom

YO10 5DD

Sponsor information

Organisation

University of York (UK)

ROR

<https://ror.org/04m01e293>

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council Health Services Research Collaboration, Research Initiative Grant (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/10/2009		Yes	No