

# A double-blind, active-controlled, randomized, parallel group multicentric study to investigate the safety, tolerability and efficacy of reparagen - a dietary supplement compared to glucosamine sulphate in patients with moderate osteoarthritis of the knee

|                                        |                                                       |                                                      |
|----------------------------------------|-------------------------------------------------------|------------------------------------------------------|
| <b>Submission date</b><br>18/05/2006   | <b>Recruitment status</b><br>No longer recruiting     | <input type="checkbox"/> Prospectively registered    |
| <b>Registration date</b><br>22/06/2006 | <b>Overall study status</b><br>Completed              | <input type="checkbox"/> Protocol                    |
| <b>Last Edited</b><br>18/03/2008       | <b>Condition category</b><br>Musculoskeletal Diseases | <input type="checkbox"/> Statistical analysis plan   |
|                                        |                                                       | <input checked="" type="checkbox"/> Results          |
|                                        |                                                       | <input type="checkbox"/> Individual participant data |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**

VL/050421/SP

## Study information

**Scientific Title****Acronym**

REPVGLUOA

**Study objectives**

That reparaGen is safe and effective in patients with moderate osteoarthritis, and compared to glucosamine sulphate, reparaGen has a faster onset of action with an overall greater response.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approved by the Institutional Ethics Committee of KJ Somaiya Medical College and Hospital, Mumbai, India, submitted on 30/12/2005, approved on 08/02/2006

**Primary study design**

Interventional

**Study design**

Double-blind, active-controlled, randomized, parallel group multicentric study

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Moderate osteoarthritis of the knee

**Interventions**

ReparaGen, a combination of a cat's claw extract (*Uncaria guianensis*), a herbal medicine from the Amazon, and RNI 249, an extract of maca (*Lepidium meyenii*) a vegetable native to the Andes compared to glucosamine sulphate

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

ReparaGen, glucosamine sulphate

**Primary outcome(s)**

1. Pain visual analogue score
2. Modified Western Ontario and McMaster University osteoarthritis index (WOMAC)

**Key secondary outcome(s)**

1. Serum insulin-like growth factor-1 (IGF-1)
2. Global assessment of therapy
3. Patient's opinion
4. Consumption of rescue medication

**Completion date**

30/09/2006

## Eligibility

**Key inclusion criteria**

1. Ambulatory adult patients of either sex >20 years of age
2. Patients with moderate osteoarthritis of the knee, clinically detected and/or diagnosed as per radiological examination and American Rheumatology Association (ARA) functional classification
3. ARA functional class II or III
4. Kellgren Lawrence for knee osteoarthritis grade II, grade III
5. Patient's assessment of overall pain score between 40 and 100 mm on a pain-visual analogue scale after washout period

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Arthritis other than osteoarthritis
2. Arthroscopy of either knee in the past year
3. Administration of intraarticular steroids within the past three months or hyaluronic acid in the last nine months
4. Known adverse responses to non-steroidal anti-inflammatory drugs (NSAIDs), suspected hypersensitivity, allergy or other contraindication to any compounds present in the study medication
5. Significant gastrointestinal (GI) diseases or previous GI upset to NSAID administration
6. Pregnant or lactating women or woman of child-bearing age not following adequate contraception
7. Evidence of severe renal, hematopoietic disease or severe cardiac insufficiency as revealed by laboratory investigations and other tests
8. Moderate to severe peripheral neuropathy or other neurological disorders

- 9. Unwilling or unable to come to regular follow-up studies
- 10. Any condition which in the opinion of the investigator does not justify patient inclusion in the study
- 11. Inability to give informed consent

**Date of first enrolment**

13/05/2006

**Date of final enrolment**

30/09/2006

## **Locations**

**Countries of recruitment**

India

**Study participating centre**

**Vedic Lifesciences**

Mumbai

India

400 053

## **Sponsor information**

**Organisation**

Santerra Pharmaceuticals LLC (USA)

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Santerra Pharmaceuticals LLC (USA) - contracted by Rainforest Nutritionals, Inc.

## **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

| Output type                     | Details       | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | Results       | 31/10/2007   |            | Yes            | No              |
| <a href="#">Study website</a>   | Study website | 11/11/2025   | 11/11/2025 | No             | Yes             |