

# Effect of Stem-Kine Food Supplement on Circulating Stem Cells

<b>Submission date</b> 08/02/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 25/02/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/08/2011	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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United States of America  
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## Additional identifiers

**Protocol serial number**  
2009-02

## Study information

**Scientific Title**  
Effect of Stem-Kine Food Supplement on Circulating Stem Cells: an observational trial

**Acronym**  
ESFSCSC

**Study objectives**

The food supplement Stem-Kine may cause a modulation of circulating stem cell numbers in healthy volunteers

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Institutional Review Board of The Center for Improvement of Human Health International, Wichita, Kansas, USA approved on the 29th of July 2009 (ref: 2009-02)

### **Study design**

Observational

### **Primary study design**

Observational

### **Study type(s)**

Other

### **Health condition(s) or problem(s) studied**

Healthy Volunteers

### **Interventions**

Ingestion of the commercially-available food supplement Stem-Kine:

Two 8 ml blood draws in heparinized Vacutainer tubes are collected by venipuncture before administration of Stem-Kine supplementation (day 0) and at days 1, 2, 7, and 14. Study participants are required to ingest two capsules of Stem-Kine (700mg/capsule) in the morning and two in the evening for 14 days.

Comparison is made pre- and post- treatment all recruited subjects.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

Alteration in circulating hematopoietic and endothelial progenitor cells.

Blood samples taken pre-supplementation (day 0), and at days 1, 2, 7, and 14 are analyzed by flow cytometry and colony forming assays

### **Key secondary outcome(s)**

Changes in overall health/mood, based on self reporting

### **Completion date**

01/12/2009

## **Eligibility**

### **Key inclusion criteria**

1. Healthy adults, ages 20-72
2. Signed informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Systemic immune-compromised state
2. Ongoing infection or disease conditions
3. Significant abnormalities in biochemistry or complete blood count panels

**Date of first enrolment**

01/08/2009

**Date of final enrolment**

01/12/2009

**Locations****Countries of recruitment**

United States of America

**Study participating centre**

3100 North Hillside Avenue

Wichita

United States of America

67219

**Sponsor information****Organisation**

Medistem Inc (USA)

**ROR**

<https://ror.org/03andxb27>

# **Funder(s)**

## **Funder type**

Charity

## **Funder Name**

Allan P Markin (Canada) - individual funder

## **Funder Name**

The Aidan Foundation (USA)

## **Funder Name**

The Center For The Improvement Of Human Functioning International (USA)

# **Results and Publications**

## **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration