

HECTOR: Health Change and the Treatment of Reflux - does the prescription of proton pump inhibitor on demand for minor reflux disease affect motivation to correct cigarette smoking, obesity, alcohol abuse and inactivity?

Submission date 29/09/2006	Recruitment status Stopped	☐ Prospectively registered ☐ Protocol
Registration date 29/09/2006	Overall study status Stopped	☐ Statistical analysis plan ☐ Results
Last Edited 11/10/2011	Condition category Digestive System	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0301167004

Study information

Scientific Title

Study objectives

What is the influence of on demand PPI prescribing on success in lifestyle change after brief interventions in patients with reflux disease who are obese, cigarette smokers or alcohol abusers?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised 2 arm trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Digestive System: Reflux

Interventions

Randomised 2 arm trial: either continued on demand PPI after one month or self medication with antacids after one month.

This trial was stopped as it failed to get primary care support.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Proton pump inhibitors

Primary outcome(s)

Success in weight reduction, reduction in cigarette consumption, maintenance of safe limits of alcohol consumption.

Key secondary outcome(s))

Not provided at time of registration

Completion date

22/07/2006

Reason abandoned (if study stopped)

Lack of facilities

Eligibility

Key inclusion criteria

1. >16 and <80 years
2. Obese with BMI >30 with heartburn

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

22/06/2005

Date of final enrolment

22/07/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Gastroenterology Unit

Blackpool

United Kingdom

FY3 8NR

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

Blackpool Fylde & Wyre Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration