ISRCTN27540731 https://doi.org/10.1186/ISRCTN27540731

Depression and anxiety: Indicated Prevention in homes for the elderly

Submission date	Recruitment status	[X] Prospectively registered
12/10/2006	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
12/10/2006	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
28/07/2014	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Acronym
DIP

Study objectives
An indicated, stepped care prevention programme is feasible in homes for the elderly in Amsterdam and reduces the incidence of major disorders of depression and anxiety with 15% compared to care as usual. Total costs of health care use will be lower in the intervention group as compared to care as usual.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local medical ethics committee

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Depressive disorders, Anxiety disorders

Interventions
A stepped care programme consisting watchful waiting, biblio-therapy, life review/Problem Solving Treatment (PST) and consultation of a mental health specialist as compared to usual care.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Incidence of depressive and/or anxiety disorders in residents after one year as compared to usual care.

Key secondary outcome(s))
1. Symptoms of depression and/or anxiety
2. Psychological measures such as life satisfaction and wellbeing
3. Satisfaction with care and treatment costs

Completion date
01/11/2010

Eligibility

Key inclusion criteria

1. Residents of homes for the elderly in Amsterdam
2. Aged 75 year and older
3. Scoring for symptoms of depression and anxiety on the screening measurement (Center for Epidemiologic Studies Depression scale [CES-D])
4. Capable of informed consent
5. Sufficient understanding of the Dutch language

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Senior

Sex
All

Key exclusion criteria
1. Residents meeting criteria for major depression and/or clinical anxiety according to the Mini-International Neuropsychiatric Interview (MINI)
2. Residents suffering cognitive impairment according to the Mini Mental State Examination (MMSE) are also excluded

Date of first enrolment
01/11/2006

Date of final enrolment
01/11/2010

Locations

Countries of recruitment
Netherlands

Study participating centre
EMGO-Institute/VU medical centre
Amsterdam
Netherlands
1000 SN

Sponsor information

Organisation
VU University Medical Center/EMGO-Institute (The Netherlands)

ROR
https://ror.org/00q6h8f30

Funder(s)

Funder type
Research organisation

Funder Name
Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Alternative Name(s)
Netherlands Organisation for Health Research and Development

Funding Body Type
Private sector organisation

Funding Body Subtype
Other non-profit organizations

Location
Netherlands

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	cost-effectiveness results	01/02/2014		Yes	No
Results article	results	01/02/2014		Yes	No
Protocol article	protocol	08/03/2007		Yes	No