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# A pilot randomised controlled trial of occupational therapy to optimise independence in Parkinson's disease

**Submission date**
27/06/2005

**Recruitment status**
No longer recruiting

**Registration date**
10/08/2005

**Overall study status**
Completed

**Last Edited**
16/09/2009

**Condition category**
Nervous System Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

## Study information

**Scientific Title**

**Acronym**

The PD OT Trial

### Study objectives
Community occupational therapy has beneficial effects upon functional independence, mobility and quality of life in patients with Parkinson's disease when compared to no occupational therapy intervention

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Primary study design
Interventional

### Study design
Randomised controlled trial

### Study type(s)
Treatment

### Health condition(s) or problem(s) studied
Parkinson's Disease

### Interventions
Occupational therapy compared to no occupational therapy

### Intervention Type
Other

### Phase
Not Specified

### Primary outcome(s)
Functional ability

### Key secondary outcome(s)
1. Mobility
2. Disability
3. Quality of Life

### Completion date
30/06/2006

## Eligibility

### Key inclusion criteria
1. Idiopathic Parkinson's disease (PD) defined by the UK PDS Brain Bank Criteria
2. Patients with more severe PD - those with Hoehn and Yahr stages III and IV

**Participant type(s)**
Patient

**Healthy volunteers allowed**
No

**Age group**
Adult

**Sex**
All

**Key exclusion criteria**
1. Dementia (as usually defined by the Investigator) - the patient must be capable of completing self-assessment forms
2. Received occupational therapy in the last 2 years and/or physiotherapy in the last year

**Date of first enrolment**
01/07/2005

**Date of final enrolment**
30/06/2006

# Locations

**Countries of recruitment**
United Kingdom

England

**Study participating centre**
**Department of Neurology**
Birmingham
United Kingdom
B18 7QH

# Sponsor information

**Organisation**
University of Birmingham (UK)

**ROR**
https://ror.org/03angcq70

# Funder(s)

**Funder type**
Charity

**Funder Name**
Parkinson's Disease Society (UK) (Ref: 8041)

# Results and Publications

## Individual participant data (IPD) sharing plan

**IPD sharing plan summary**
Not provided at time of registration

**Study outputs**

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|---|---|---|---|---|
| Results article | results | 01/09/2009 | | Yes | No |