

# A national evaluation of the effectiveness of the Incredible Years parent training programme

<b>Submission date</b> 12/05/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/06/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 09/08/2013	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Sinead McGilloway

**Contact details**  
Department of Psychology  
National University of Ireland at Maynooth  
Maynooth  
Ireland  
Co. Kildare

## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
A randomised controlled trial to evaluate the effectiveness of the Incredible Years BASIC parent training programme

**Study objectives**

1. Compared to baseline, there will be a significant reduction of child behavioural deviancy and an increase in prosocial behaviour
2. Compared to baseline, there will be a significant increase in positive parenting and a significant reduction in harsh parenting. A significant improvement in self-reported parenting competence and a reduction in parent distress is also hypothesised.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

National University of Ireland, Maynooth Ethics Committee, approved on 05/11/2007 (ref: 190907)

**Study design**

Pragmatic randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Other

**Health condition(s) or problem(s) studied**

Emotional and behavioural/conduct problems in childhood, parent-child relationships

**Interventions**

Participants will be randomly assigned, at a 2:1 ratio, to an intervention or control (waiting list) group.

IY Basic parent programme

12 weekly group sessions (2.5 hours) will be held. There will be approximately 9 groups with 12 participants in each group.

The intervention promotes positive parenting by increasing positive child behaviour through praise and incentives. Parent-child relationships are improved through the promotion of child-directed play. The intervention provides parents with non-aversive tactics for dealing with problem behaviour. A collaborative approach using role play, modelling, group discussions and analysis of video material is used and parents are helped to identify social learning principles.

Contact details for patient information sheet:

Dr Grainne Ni Mhaille

Incredible Years Ireland Study

Logic Annex 2

NUI Maynooth South Campus

Maynooth

Co. Kildare

Ireland

Tel: +353 (0)1 708 6658

Email: Grainne.NiMhaille@nuim.ie

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Eyberg Child Behaviour Inventory, assessed at baseline and at 6- and 12-months follow-up.

**Key secondary outcome(s)**

1. Beck Depression Inventory (BDI)
2. Parenting Stress Index - Short form (PSI - SF)
3. O'Leary Porter Overt Hostility Scale (OPOHS)
4. Strengths and Difficulties Questionnaire (SDQ)
5. Conners Abbreviated Parent Rating Scale (CAPTRS)
6. Social Competence Parent Scale (SCS - P)
7. Dyadic parent child interactive coding system - revised (DPICS)

All of the above will be assessed at baseline and at 6- and 12-months follow-up.

**Completion date**

31/05/2010

**Eligibility****Key inclusion criteria**

1. The parent has one child aged 3-6 who scores above the clinical threshold on the Eyberg scale completed by the parent. Both mothers and fathers are eligible for the trial. However, data are only collected from one parent of a given child.
2. The parent lives in a low-income household
3. The parent is interested in participating in the programme
4. The parent is willing to be placed on a waiting list for a period of 6 months

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. The parent intends to take up another form of parent training during this period
2. The child receives child training during this period

**Date of first enrolment**

01/07/2008

**Date of final enrolment**

31/05/2010

## Locations

**Countries of recruitment**

Ireland

**Study participating centre**

Department of Psychology

Maynooth

Ireland

Co. Kildare

## Sponsor information

**Organisation**

Archways (Ireland)

## Funder(s)

**Funder type**

Government

**Funder Name**

Archways (Ireland)

**Funder Name**

Atlantic Philanthropies (Ireland)

**Alternative Name(s)**

The Atlantic Philanthropies, atlanticphil, Atlantic, The Atlantic Philanthropies (Bermuda) Limited, AP

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

International organizations

**Location**

Bermuda

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes