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Transmural Nutritional Support

Submission date
27/01/2006

Recruitment status
No longer recruiting

Registration date
27/01/2006

Overall study status
Completed

Last Edited
13/05/2013

Condition category
Nutritional, Metabolic, Endocrine

[_] Prospectively registered
[X] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr M.A.E. van Bokhorst - de van der Schueren

Contact details
VU University Medical Center
Department of Nutrition and Dietetics
P.O. Box 7057
Amsterdam
Netherlands
1007 MB
m.vanbokhorst@vumc.nl

Additional identifiers

Protocol serial number
NTR476

Study information

Scientific Title

Study objectives
To study the cost-effectiveness of transmural nutritional support (from admission to hospital until 3 months after discharge) in malnourished elderly patients, compared to usual care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised open label active controlled parallel group trial

Study type(s)
Other

Health condition(s) or problem(s) studied
Malnutrition

Interventions
Usual nutritional care versus oral nutritional supplements (600 kcal/day) from admission to hospital until 3 months after discharge.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Changes in ADL, functional limitations, muscle strength, quality of life
2. Length of hospital stay, number of re-admissions to hospital, complication rate, number of medical prescriptions and number of doctor contacts within the first 3 months after discharge
3. Economic evaluation

Key secondary outcome(s)
Changes in body weight, body composition

Completion date
31/12/2009

Eligibility

Key inclusion criteria
1. Hospitalised patients of 60 years and over with a BMI <20 and/or involuntary weight loss >10% (= malnourished)
2. Admitted to the departments of internal medicine
3. Gastroenterology
4. Nephrology
5. Rheumatology
6. Dermatology

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Senior

Sex
All

Key exclusion criteria
1. Well-nourished
2. Decreased consciousness
3. Inability to speak the Dutch language
4. Expected length of hospital stay <2 days

Date of first enrolment
01/01/2006

Date of final enrolment
31/12/2009

Locations

Countries of recruitment
Netherlands

Study participating centre
VU University Medical Center
Amsterdam
Netherlands
1007 MB

Sponsor information

Organisation
Vrije University Medical Centre (VUMC) (Netherlands)

ROR
https://ror.org/00q6h8f30

Funder(s)

Funder type
Research organisation

Funder Name
Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

Alternative Name(s)
Netherlands Organisation for Health Research and Development

Funding Body Type
Private sector organisation

Funding Body Subtype
Other non-profit organizations

Location
Netherlands

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2011		Yes	No
Results article	results	01/12/2012		Yes	No
Protocol article	protocol	10/02/2010		Yes	No