

Learning to Improve the Management of Back pain In the Community

Submission date 29/04/2010	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 29/04/2010	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 21/07/2016	Condition category Musculoskeletal Diseases	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
5011

Study information

Scientific Title
Learning to Improve the Management of Back pain In the Community: a non-randomised interventional and observational cohort study

Acronym
LIMBIC

Study objectives

This study used a mixed method design which included a quantitative and qualitative component. The quantitative element of the project is the evaluation of patient outcomes (high level evaluation) and this data was collected from each of the participating 9 practices prior to commencement of the 8 workshops in 2008 and again following the workshops. Each practice attended the workshops as a team which were then evaluated in terms of their own learning and changes in their delivery of care around back pain.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Somerset Research Ethics Committee approved on the 9 August 2007 (ref: 07/H0205/36)

Study design

Non-randomised interventional and observational cohort study

Primary study design

Observational

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

Interventions

Nine practice team took part in eight workshops and these were evaluated using focus group interviews with the team. The intervention was eight half day interprofessional educational workshops over a nine month period.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Improved patient outcomes of treatment of low back pain

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/03/2010

Eligibility**Key inclusion criteria**

1. A general practice in Wiltshire or Bournemouth and Poole PCT willing to agree to participate in the study, send a team to the workshops and undertake the required data collection, including two focus group sessions
2. Patients aged 18 - 65 (either sex) presenting to their GP with acute low back pain for less than 12 weeks duration
3. All patients seeking primary care treatment for back pain of any kind

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

Not Specified

Key exclusion criteria

1. Unable to commit to the project, send a team to workshops, or undertake the data collection requirements
2. Duration greater than 12 weeks
3. Under 18 or older than 65 years
4. Serious spinal pathology
5. Trauma

Date of first enrolment

01/10/2007

Date of final enrolment

31/03/2010

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Royal London House

Bournemouth

United Kingdom

BH1 3LT

Sponsor information

Organisation

Bournemouth University (UK)

ROR

<https://ror.org/05wwcw481>

Funder(s)

Funder type

Charity

Funder Name

The Health Foundation (UK) (ref: 5107/4566)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results:	15/07/2012		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes