

Down Your Drink: On-line Randomised Controlled Trial of an Interactive Web-based Intervention for Reducing Alcohol Consumption

Submission date 19/04/2006	Recruitment status No longer recruiting	☒ Prospectively registered
Registration date 06/06/2006	Overall study status Completed	☐ Protocol
Last Edited 23/11/2011	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

G0501298

Study information

Scientific Title

Acronym

DYD

Study objectives

The aim of the study is to determine whether the fully interactive on-line intervention, Down Your Drink (DYD), leads to important reductions in alcohol consumption amongst members of the public at risk of harm from alcohol.

Please note that this trial was updated on 29/04/2008. All changes can be found in the relevant field under the above update date.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the University College London Research Ethics Committee on the 26 April 2007 (ref: 0825/003).

Study design

Complex intervention study, incorporating a phase II development stage, together with a pilot phase and a phase III, two-arm randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Alcohol consumption

Interventions

Intervention website - DYD interactive web-based intervention, providing motivational enhancement therapy and cognitive behaviour therapy versus comparator website - Hows Your Drink (HYD), a minimally interactive website, providing information only.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Current primary outcome measures as of 29/04/2008:

Data from 3 and 12-month follow-up will be analysed separately at the end of the trial. The primary end point is at 3 months. The primary outcome is reduction in alcohol consumption. The primary outcome measure will be total past weeks alcohol consumption.

Previous primary outcome measures:

Data from 3 and 12-month follow-up will be analysed separately at the end of the trial. The primary end point is at 3 months. The primary outcome is reduction in alcohol consumption. The primary outcome measure will be total past weeks alcohol consumption as calculated by quantity or frequency.

Key secondary outcome(s))

Added as of 29/04/2008:

1. AUDIT
2. Alcohol Problems Questionnaire (APQ)
3. Leeds Dependence Questionnaire (LDQ)
4. CORE-10

Completion date

31/12/2009

Eligibility

Key inclusion criteria

Current inclusion criteria as of 29/04/2008:

All participants aged 18 or over and scoring 5 or more on the AUDIT-C screening test.

Previous inclusion criteria:

All registrants of the How's Your Drink (HYD) website (aged 16 or over) with a functional assessment staging tool (FAST) score of 3 or more who consent to participate.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

Current exclusion criteria as of 29/04/2008:

1. Research participants who are under 18 years of age
2. Inability to provide informed consent due to mental incapacity or active psychotic illness
3. Inability to use intervention independently due to visual, hearing or motor handicap
4. Inability to use intervention or to complete the follow-up questionnaires independently due to poor command of English

Previous exclusion criteria:

1. Research participants who are under 16 years of age
2. Inability to provide informed consent due to mental incapacity or active psychotic illness
3. Inability to use intervention independently due to visual, hearing or motor handicap
4. Inability to use intervention or to complete the follow-up questionnaires independently due to poor command of English

Date of first enrolment

01/07/2006

Date of final enrolment

31/12/2009

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Primary Care and Population Sciences

London

United Kingdom

N19 5LW

Sponsor information

Organisation

University College London (UK)

ROR

<https://ror.org/02jx3x895>

Funder(s)

Funder type

Research organisation

Funder Name

National Prevention Research Initiative (NPRI) (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	02/03/2011		Yes	No
Results article	results	09/03/2011		Yes	No
Results article	results	18/11/2011		Yes	No