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Fibromyalgia on the move. Randomised study on the effect and cost-effectiveness of a multidisciplinary part-time daycare intervention.

Submission date
27/01/2006

Registration date
27/01/2006

Last Edited
24/07/2013

Recruitment status
No longer recruiting

Overall study status
Completed

Condition category
Musculoskeletal Diseases

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives

Fixation of complaints in fibromyalgia patients can be prevented by offering a multidisciplinary intervention in an early stage of the disorder. Because of this, a (larger) social drop-out will be averted in term, and medical consumption will decrease and quality of life will increase.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Fibromyalgia

Interventions
1. 12-week multidisciplinary part-time day-care intervention
2. 12-week aerobics exercise
3. Usual care

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Social participation
2. Medical consumption
3. Quality of life

Key secondary outcome(s)
1. Pain
2. Anxiety
3. Self-efficacy
4. Catastrophying
5. Fatigue
6. Disability

Completion date
01/05/2006

Eligibility

Key inclusion criteria
1. Recently diagnosed fibromyalgia
2. Age 18-65
3. Be able to read and write Dutch
4. Be able physically to spend 12 hours a week on therapy
5. Be able to be present at least 85% of the treatment time
6. Motivated into all parts of the treatment program

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Lower age limit
18 Years

Upper age limit
65 Years

Sex
Not Specified

Key exclusion criteria
1. Involved in any litigation concerning disability income
2. Serious psychopathology through which a patient is unsuitable to take part in the group treatment
3. Serious depression (measured by SCL-90)
4. Specific medical diseases for which medical treatment is necessary immediately or through which patients can not take part in the physical therapeutic treatment
5. Addiction problems
6. Pregnancy
7. Complicated home situation/fibromyalgia is not most important problem
8. Use of supportive equipment for ambulation

Date of first enrolment
23/01/2004

Date of final enrolment
01/05/2006

Locations

Countries of recruitment
Netherlands

Study participating centre
University Hospital Maastricht
Maastricht
Netherlands
6202 AZ

Sponsor information

Organisation
Academic Hospital Maastricht (AZM) (Netherlands)

ROR
https://ror.org/02d9ce178

Funder(s)

Funder type
Other

Funder Name
Care Funds (Zorgvernieuwingsgelden) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2013		Yes	No