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Evaluating EQUIP with offenders who have intellectual and developmental disabilities

Submission date	Recruitment status
30/06/2010	No longer recruiting
Registration date	**Overall study status**
30/06/2010	Completed
Last Edited	**Condition category**
30/08/2013	Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
8206

Study information

Scientific Title
An evaulation of EQUIP with offenders who have intellectual and developmental disabilities: a single centre non-randomised interventional treatment study

Study objectives
This study is a pragmatic single case series examining a group based psychological intervention for men with intellectual and developmental disabilities who have been detained in hospital because of problematic illegal behaviour.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Cambridgeshire 4 NHS Research Ethics Committee approved on the 10th December 2009 (ref: 09 /H0305/103)

Primary study design
Interventional

Study design
Single centre non-randomised interventional treatment trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Topic: Mental Health Research Network; Subtopic: Learning difficulties development disorders; Disease: Learning difficulties

Interventions
The intervention that we are piloting is referred to as EQUIP, and is delivered in a group format. This is not an acronym, and refers to the idea that the treatment is meant to equip offenders with the skills and abilities they need in order to avoid re-offending. The treatment draws on theoretical models from developmental psychology, namely, moral reasoning theory.

Group therapy duration: hourly sessions spread over four days in the week, for 14 weeks.
Follow-up length: 2 months
Study entry: registration only

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Moral Reasoning, measured pre- and post-treatment

Key secondary outcome(s)
1. Anger, measured pre- and post-treatment
2. Behavioural observations, measured pre- and post-treatment
3. Problem solving ability, measured pre- and post-treatment

Completion date
31/01/2010

Eligibility

Key inclusion criteria
1. Male, lower age limit of 17 years
2. Diagnosis of an intellectual disability (intelligence quotient [IQ] less than 70) or developmental disability
3. Detention under the Mental Health Act
4. A patient on our ward

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Male

Key exclusion criteria
1. Patients who are acutely mentally ill such that they are judged to be unlikely to have capacity to give consent to take part, or are unlikely to be able to actively participate in the group
2. Patients who lack capacity
3. Patients who decline participation within the clinical intervention

Date of first enrolment
15/01/2010

Date of final enrolment
31/01/2010

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
School of Medicine
Norwich
United Kingdom
NR4 7TJ

Sponsor information

Organisation
University of Kent (UK)

ROR
https://ror.org/00xkeyj56

Funder(s)

Funder type
Government

Funder Name
National Institute for Health Research (NIHR) (UK) - National Coordinating Centre for Research Capacity Development (NCCRCD) fellowship

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2013		Yes	No