

# Acupuncture for irritable bowel syndrome: a pilot for a randomised controlled trial

<b>Submission date</b> 22/06/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 04/10/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/04/2009	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

### Study information

**Scientific Title**

#### Study objectives

That a randomised controlled trial is feasible and the design can be optimised on the basis of the pilot.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Solihull Local Research Ethics Committee approved on the 28th June 2006 (ref: 06/Q2706/3)

**Study design**

Randomised controlled trial pilot study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Irritable bowel syndrome

**Interventions**

Group one: acupuncture plus usual General Practitioner (GP) care

Group two: usual GP care alone

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

IBS Symptom Severity and Global Impact Score

**Key secondary outcome(s)**

1. Quality of life
2. Anxiety and depression
3. Euro-QOL (EQ-5D) instrument
4. Medication and service use

**Completion date**

30/06/2008

**Eligibility****Key inclusion criteria**

1. Consulted in primary care in the previous two years
2. Diagnosed with Irritable Bowel Syndrome (IBS) which meets the Rome II criteria
3. Aged over 18 years

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Not currently having acupuncture
2. No haemophilia
3. Not diagnosed with cancer
4. No major abdominal surgery in the previous six months
5. Sufficient English to complete documentation

**Date of first enrolment**

22/06/2006

**Date of final enrolment**

30/06/2008

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Department of Health Sciences

York

United Kingdom

YO10 5DD

**Sponsor information****Organisation**

University of York (UK)

**ROR**

<https://ror.org/04m01e293>

# Funder(s)

## Funder type

University/education

## Funder Name

University of York (UK) - Innovation and Research Priming Fund Award

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2008		Yes	No