ISRCTN33302125 https://doi.org/10.1186/ISRCTN33302125

Managing Injuries of the Neck

Submission date	Recruitment status	[_] Prospectively registered
02/11/2004	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
02/11/2004	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
25/02/2013	Injury, Occupational Diseases, Poisoning	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
HTA 02/35/02

Study information

Scientific Title

Acronym

MINT

Study objectives
To estimate the clinical and cost effectiveness of a stepped care approach following acute injury.

A related study "Managing Injuries of the Neck Trial - Incentive" is registered with ISRCTN61305297.

Please note that, as of 11/05/2009, the anticipated end date has been updated from 31/10/2008 to 31/03/2009.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by UK Trent Multicentre Research Ethics Committee and by the Local Research Ethics Committee and the Research and Development Committee of each participating centre.

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Acute neck sprain (whiplash)

Interventions
Stepped care approach.
1. Step One: The Whiplash Booklet versus usual care advice in Accident and Emergency (A&E)
2. Step Two: In patients with symptoms persisting at 3 weeks (WAD Grade I-III), supplementary treatment comprising either a package of physiotherapy treatments and re-enforcement of advice versus re-enforcement of advice provided at the initial A&E contact only
3. Step Three: The combined effect of the various treatments using a 2 by 2 factorial design

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Return to normal function will be assessed using Neck Disability Index

Key secondary outcome(s)
SF-12® Health Survey, Euroqol EQ-5D

Completion date

31/03/2009

Eligibility

Key inclusion criteria
1. People with Acute whiplash (<6 weeks), Whiplash Associated Disorder (WAD) grades I-III
2. Patients with persisting symptoms three weeks after their Emergency Department attendance

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
1. Age below 18
2. Fractures or dislocations of the spine and other bones
3. Head injuries with more than a transient loss of consciousness or with a Glasgow coma score of 12 or less at any stage of their assessment in hospital
4. Admission to in patient services
5. Severe psychiatric illness

Date of first enrolment
01/11/2004

Date of final enrolment
31/03/2009

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Warwick Emergergency Care & Rehabilitation
Coventry
United Kingdom
CV4 7AL

Sponsor information

Organisation
Department of Health (UK)

ROR
https://ror.org/03sbpja79

Funder(s)

Funder type
Government

Funder Name
NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2009		Yes	No
Results article	results	01/09/2012		Yes	No
Results article	results	16/02/2013		Yes	No
Protocol article	protocol	26/01/2007		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes