

# Improving outcome for patients after osteoporotic femoral fracture

|                                        |                                                       |                                                              |
|----------------------------------------|-------------------------------------------------------|--------------------------------------------------------------|
| <b>Submission date</b><br>07/06/2006   | <b>Recruitment status</b><br>No longer recruiting     | <input checked="" type="checkbox"/> Prospectively registered |
|                                        |                                                       | <input type="checkbox"/> Protocol                            |
| <b>Registration date</b><br>11/07/2006 | <b>Overall study status</b><br>Completed              | <input type="checkbox"/> Statistical analysis plan           |
|                                        |                                                       | <input type="checkbox"/> Results                             |
| <b>Last Edited</b><br>06/06/2016       | <b>Condition category</b><br>Musculoskeletal Diseases | <input type="checkbox"/> Individual participant data         |
|                                        |                                                       | <input type="checkbox"/> Record updated in last year         |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Hamish Simpson

**Contact details**  
Chancellor's Building  
Little France  
Edinburgh  
United Kingdom  
EH16 4SB  
+44 (0)131 242 6645  
hamish.simpson@ed.ac.uk

## Additional identifiers

**Protocol serial number**  
OFF PROTOCOL/01

## Study information

**Scientific Title**  
Improving outcome for patients after osteoporotic femoral fracture

**Acronym**

Off Study

**Study objectives**

It is possible to accelerate the healing of trochanteric and distal femoral fractures with the systemic administration of therapeutic agents and by doing so pain and functional impairment will be reduced.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Primary study design**

Interventional

**Study design**

Two-centre open-label three-arm randomised assessor-blinded clinical trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Osteoporosis

**Interventions**

Patients will be randomised to one of three groups:

Group one will receive weekly alendronate plus vitamin D and calcium.

Group two will receive daily teriparatide plus vitamin D and calcium.

Group three will receive vitamin D and calcium only.

The treatment period will be six weeks.

**Intervention Type**

Supplement

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Alendronate, teriparatide, vitamin D and calcium

**Primary outcome(s)**

The difference between the baseline Johanson Hip Rating Questionnaire (HRQ) score and the HRQ score at six weeks. A target difference of seven to ten points will be considered significant.

**Key secondary outcome(s)**

Pain and function.

**Completion date**

01/09/2009

## Eligibility

### Key inclusion criteria

Patients with acute, traumatic trochanteric or supracondylar femoral fractures who are 55 or older presenting with fragility fractures.

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Senior

### Sex

All

### Key exclusion criteria

1. Patients with open fractures, pathological fractures, who have a 'floating knee', associated patellar fracture or simultaneous bilateral fracture.
2. Patients with known metabolic bone disease, rheumatoid arthritis and patients with chronic renal failure.
3. Patients on steroids, strontium, bisphosphonates and parathyroid hormone.
4. Patients with dementia.

### Date of first enrolment

01/09/2006

### Date of final enrolment

01/09/2009

## Locations

### Countries of recruitment

United Kingdom

Scotland

### Study participating centre

Chancellor's Building

Edinburgh

United Kingdom

EH16 4SB

# Sponsor information

## Organisation

University of Edinburgh (UK)

## ROR

<https://ror.org/01nrxf90>

# Funder(s)

## Funder type

Charity

## Funder Name

British Orthopaedic Association

## Alternative Name(s)

, BOA

## Funding Body Type

Private sector organisation

## Funding Body Subtype

Associations and societies (private and public)

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration