

Structured discharge planning for patients with diabetes mellitus type 2 and ischemic heart disease: a randomised controlled trial

Submission date 14/08/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 26/08/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 14/09/2009	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
02-066

Study information

Scientific Title

Acronym

SDDM

Study objectives

Inpatients with diabetes mellitus type 2 and ischemic heart disease that receive structured discharge plans have less frequent hospital unexpected readmissions comparing to patients that receive usual care

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Diabetes mellitus type 2 and ischemic heart disease (simultaneously)

Interventions

Structured discharge plan (educational intervention) delivered by trained nurses versus usual care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Hospital unexpected readmissions and emergency department visits

Key secondary outcome(s)

Quality of life, length of stay, morbidity, mortality, healthcare costs, glycated hemoglobin, total cholesterol, aspirin use, statin use, hypoglycemic episodes

Completion date

01/03/2006

Eligibility**Key inclusion criteria**

>40 and <75 years old, clinical diagnosis of type 2 diabetes and ischemic heart disease

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Homeless individuals, hospitalization for <48 hours, severe mental disease, pregnant, transplantation recipients, survival expected time <2 years due to non-cardiac illnesses, chronic renal failure with dialytic treatment

Date of first enrolment

01/03/2003

Date of final enrolment

01/03/2006

Locations**Countries of recruitment**

Brazil

Study participating centre

Rua Landel de Moura, 1369

Porto Alegre

Brazil

91920-150

Sponsor information**Organisation**

National Council for Scientific and Technological Development (CNPq) (Brazil)

ROR

<https://ror.org/03swz6y49>

Funder(s)

Funder type

Government

Funder Name

The National Council for Scientific and Technological Development (CNPq). CNPq is a foundation linked to the Brazilian Ministry of Science and Technology (MCT), that supports Brazilian research (Brazil).

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration