

The effects of exercise therapy in women who have had breast cancer

Submission date 30/06/2005	Recruitment status No longer recruiting	☐ Prospectively registered ☒ Protocol
Registration date 23/08/2005	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 25/09/2012	Condition category Cancer	☐ Individual participant data

Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-trial-looking-at-exercise-therapy-for-women-who-have-had-treatment-for-breast-cancer>

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

c8304/a3042

Study information

Scientific Title

Study objectives

Exercise therapy will improve quality of life in women who have had breast cancer

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Breast cancer

Interventions

Exercise therapy versus continuing life as normal

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Quality of life

Key secondary outcome(s)

Physical activity, depression, satisfaction with life, body fat, aerobic fitness

Completion date

31/01/2006

Eligibility**Key inclusion criteria**

Sedentary women who are between 1-3 years post treatment

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Aged 66 years or more

Date of first enrolment

01/01/2003

Date of final enrolment

31/01/2006

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

Sponsor information**Organisation**

Sheffield Hallam University (UK)

ROR

<https://ror.org/019wt1929>

Funder(s)**Funder type**

Charity

Funder Name

Cancer Research UK

Alternative Name(s)

CR_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary****Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2007		Yes	No
Protocol article	protocol	01/12/2004		Yes	No
Other publications	participant recruitment	01/09/2007		Yes	No