

# Effects of modified drainage on total knee arthroplasty

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 01/10/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 01/10/2018	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Osteoarthritis (OA) is the most common type of arthritis. It most often affects the knee. It occurs when the protective cartilage on the end of bones wears away. The bones then rub against one another, which can cause stiffness, pain and a reduction in a person's range of movement. A knee joint replacement (total knee arthroplasty, TKA) is a common procedure where the weight-bearing surfaces of the knee joint are replaced with metal and plastic components to relieve the pain and disability brought on by OA.

Drainage is a traditional method to reduce blood loss, pain and complications. It is not known however, what is the best method of drainage for the patients with TKA. The aim of this study is to find out whether a modified drainage is an effective and safe treatment for the management of pain, swelling, blood loss, post-operative hospital stay and range of motion of knee in patients who have had knee replacement surgery.

### Who can participate?

Adults who have OA and need a total knee replacement.

### What does the study involve?

Participants are randomly allocated to one of three groups.

Group A: traditional drainage, negative pressure drainage 4 hours after the operation of total knee replacement.

Group B: modified drainage, normal pressure drainage for 12 hours, negative pressure drainage for 12 hours.

Group C: No drainage.

The blood loss, VAS pain scores, length of their hospital stay, swelling and bleeding, and range of motion of the affected knee are assessed in the days following surgery.

### What are the possible benefits and risks of participating?

Participants who are allocated to receive treatment with modified drainage may benefit from a reduction in blood loss, pain, swelling and blood loss after surgery, shortening their hospital stay. There is a small risk of discomfort, frostbite or deep vein thrombosis (a blood clot in a major vein in the leg) when using the modified drainage.

Where is the study run from?

The Second Affiliated Hospital, Zhejiang University School of Medicine (China)

When is the study starting and how long is it expected to run for?

Jan 2017 to June 2018

Who is funding the study?

The Second Affiliated Hospital, Zhejiang University School of Medicine (China)

Who is the main contact?

Dr Wei Wang

## Contact information

### Type(s)

Scientific

### Contact name

Dr Wei Wang

### Contact details

No.88 Jiefang Rd

Hangzhou

China

310000

## Additional identifiers

### Clinical Trials Information System (CTIS)

NA

### Protocol serial number

NA

## Study information

### Scientific Title

A randomized controlled trial on effects of a modified drainage on total knee arthroplasty

### Study objectives

A modified drainage reduces the blood loss in total knee replacement compared with traditional drainage.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics Committee of the Second Affiliated Hospital, Zhejiang University School of Medicine, Hangzhou, China, 10/02/2017, 2017-167

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Total knee replacement for osteoarthritis

## Interventions

Participants are randomly allocated to one of three groups. Three groups all underwent general anaesthesia. The same surgeon performed the procedure. Mean arterial pressure of 60 to 70 mmHg and femoral nerve block with a catheter was maintained for postoperative pain management. The tourniquet was inflated to 100 to 120 mmHg. All drainage bottles were Drainobag® 600 (B. Braun Medical Inc., Melsungen, Germany).

Group A: traditional drainage, negative pressure drainage 4 hours after the operation of total knee replacement.

Group B: modified drainage, normal (atmospheric) pressure drainage for 12 hours, negative pressure drainage achieved by pumping 500 ml air out of the drainage bottle for 12 hours.

Group C: No drainage.

Knee range of movement (ROM), including isometric quadriceps and straight leg raise exercises, were encouraged if the pain was tolerable. Passive movement with a continuous passive motion machine was encouraged on the second postoperative day. The follow up was 90 days post-operation.

## Intervention Type

Procedure/Surgery

## Primary outcome(s)

Blood loss determined using haemoglobin levels before surgery and 1, 2 and 3 days after surgery.

Blood volume (BV) was estimated according to the method of Nadler et al. taking sex, body mass index, and height into account. For males  $BV = (0.3669 \times \text{height}^3) + (0.03219 \times \text{weight}) + 0.6041$  and for females  $BV = (0.3561 \times \text{height}^3) + (0.03308 \times \text{weight}) + 0.1833$ .

Total blood loss is calculated from total hemoglobin loss (Hbloss), which in turn is calculated from the difference between preoperative Hb and the minimum Hb during the hospital stay (postoperative day 2 in our case):  $\text{Blood loss (in mL)} = 100 \text{ mL/dL} \times \text{Hbloss/Hbi}$

$\text{Hbloss} = BV \times (\text{Hbi} - \text{Hbe}) \times 10 \text{ dL/L} + \text{Hbt}$

Hbi = Hb concentration before surgery (g/dL)

Hbe = Hb concentration during hospital stay (g/dL)

Hbt = Total amount of allogeneic Hb transfused (g).

Because there were no transfusions, this variable was dropped from the equation in our study.

## Key secondary outcome(s)

1. Pain at rest measured on a visual analogue scale (VAS) on the day after surgery and documented by the nurse on duty
2. Complications. Wound status was documented daily. Oozing from the wound persisting beyond 2 days after surgery, bullae formation, subcutaneous hematoma that needed aspiration

or surgical drainage, and wound infections that required additional treatments such as antibiotic coverage or surgical debridement were recorded.

**Completion date**

01/06/2018

## Eligibility

**Key inclusion criteria**

Adults who have OA and need a total knee replacement.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Abnormal blood coagulation
2. Diagnosed with rheumatoid arthritis, traumatic osteoarthritis, ankylosing spondylitis, hemophilic arthritis or peripheral vascular disease
3. Cold urticaria
4. Preoperative anticoagulation, for example in patients with preoperative deep vein thrombosis (DVT)
5. Preoperative history of anemia

**Date of first enrolment**

01/03/2017

**Date of final enrolment**

01/03/2018

## Locations

**Countries of recruitment**

China

**Study participating centre**

The Second Affiliated Hospital, Zhejiang University School of Medicine  
No.88 Rd Jiefang, Hangzhou, Zhejiang Province

Hangzhou  
China  
310000

## Sponsor information

### Organisation

The Second Affiliated Hospital, Zhejiang University School of Medicine

### ROR

<https://ror.org/059cjp64>

## Funder(s)

### Funder type

Not defined

### Funder Name

Natural Science Foundation of Zhejiang Province (LQ18H060001)

### Funder Name

Zhejiang Province Medical and Health project (2018269731)

### Funder Name

Chinese Medicine Research Program of Zhejiang Province (2015ZB028)

### Funder Name

National Natural Science Foundation of China (81602312)

## Results and Publications

### Individual participant data (IPD) sharing plan

The data sharing plans for the current study are unknown and will be made available at a later date

### IPD sharing plan summary

Available on request