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The Effects of the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

Submission date 20/12/2005	**Recruitment status** No longer recruiting	[_] Prospectively registered [X] Protocol [_] Statistical analysis plan [_] Results [_] Individual participant data [_] Record updated in last year
Registration date 20/12/2005	**Overall study status** Completed	
Last Edited 06/11/2019	**Condition category** Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
The Effects of the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

Study objectives
Treatment according to the Dutch National Guideline on the Management of Employees with Mental Health Problems by Occupational Physicians will cause less work disability than treatment according to usual care, with minimal involvement of the occupational physician and frequent referral to a psychologist.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local medical ethics committee

Primary study design
Interventional

Study design
Randomised, single blinded, active controlled, parallel group trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Mental health problems

Interventions
Treatment according to the Dutch national guideline on the management of employees with mental health problems by occupational physicians. This guideline focuses on four aspects of the management of mental health problems:
1. The occupational physician acknowledges the interaction between the disabled employee and his surroundings (work, personal and care)
2. A simplified classification of mental health problems is introduced, with only four categories
3. The occupational physician acts as case manager, who intervenes when recovery stagnates
4. Finally, the occupational physician may also act as care manager by counseling employees with work related problems

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Return to work.

Key secondary outcome(s)
1. Patient satisfaction
2. Satisfaction of the employer
3. Evaluation of the occupational physician
4. Cost benefits

Completion date

01/01/2006

Eligibility

Key inclusion criteria
1. Physical or mental health symptoms which cause suffering or malfunctioning for the patient
2. Disability to work on the moment of inclusion by the occupational physician

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
1. Symptoms are caused by a physical disorder
2. Disagreement about the diagnosis by the occupational physician and the patient
3. Mistrust between occupational physician and patient
4. Earlier inclusion in the study

Date of first enrolment
01/01/2002

Date of final enrolment
01/01/2006

Locations

Countries of recruitment
Netherlands

Study participating centre
Institute for Research in Extramural Medicine
Amsterdam
Netherlands
1081 BT

Sponsor information

Organisation
VU University Medical Center (The Netherlands)

ROR
https://ror.org/00q6h8f30

Funder(s)

Funder type
Government

Funder Name
Dutch Ministry of Internal Affairs (The Netherlands) - Occupational Health and Safety Service (OHSS) committee

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	Study protocol:	26/07/2007		Yes	No