

Maintenance therapy in patients with severe Systemic lupus erythematosus (SLE): The BILAG multi-centre open randomised controlled trial comparing cyclosporin A and azathioprine

Submission date 18/07/2002	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 18/07/2002	Overall study status Completed	☐ Protocol
Last Edited 20/01/2010	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Bridget Griffiths

Contact details
Musculoskeletal Unit
Level 2 Freeman Hospitals
High Heaton
Newcastle upon Tyne
United Kingdom
NE7 7DN
+44 (0)191 284 3111
bridget.griffiths@ncl.ac.uk

Additional identifiers

Protocol serial number
G0535

Study information

Scientific Title

Acronym

CYAZ

Study objectives

Added 20/01/10:

To determine whether low-dose ciclosporin was a more effective corticosteroid-sparing agent than AZA in patients with SLE.

Please note that as of 20/01/10 this record has been updated. All updates can be found in the relevant field with the above update date. This information was obtained from the publication below PMID: 20081225.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Multicentre randomised open label active controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Systemic lupus erythematosus (SLE)

Interventions

1. Steroids tapered accordingly to protocol
2. Randomised to azathioprine or cyclosporin A
3. Dose increased according to body weight and tolerability

Added 20/01/10:

Duration of intervention was 12 months

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Added 20/01/10:

Absolute mean change in prednisolone

Key secondary outcome(s)

Added 20/01/10:

1. Change in disease activity (classic British Isles Lupus Assessment Group [BILAG] index)
2. Number of flares
3. Development of new damage
4. Change in quality of life

Completion date

31/12/2004

Eligibility**Key inclusion criteria**

1. American Rheumatism Association (ARA) criteria for SLE
2. New corticosteroid sparing agent required
3. Patient on 15 mg or more of prednisolone for at least 4 weeks

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/06/1998

Date of final enrolment

31/12/2004

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Musculoskeletal Unit

Newcastle upon Tyne

United Kingdom
NE7 7DN

Sponsor information

Organisation

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2010		Yes	No