

A randomised controlled trial of the effectiveness of support from breastfeeding counsellors for women who want to breastfeed

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/01/2004	Overall study status Completed	☐ Protocol
Last Edited 11/01/2010	Condition category Pregnancy and Childbirth	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Jonathan Graffy

Contact details

Department of General Practice and Primary Care
Queen Mary and Westfield College
Mile End
London
United Kingdom
E1 4NS
+44 (0)20 7882 7702/7923 4122

Additional identifiers

Protocol serial number

RDC00941

Study information

Scientific Title

Study objectives

This proposal is for randomised controlled trial to test whether women who receive extra support from a breastfeeding counsellor breastfeed for longer than those who do not. Women having their first child or women who did not breastfeed their last child for more than six weeks will be randomly allocated to determine whether or not they receive additional support from a breastfeeding counsellor. The study will be performed in general practice and women will be recruited and followed up by members of their primary care team.

This project addresses the question of how we can help women who have difficulties with breastfeeding and improve breastfeeding rates nationally. It builds up on the applicants previous research and will be a value to many mothers. If this study shows that breastfeeding counsellors are effective, it would encourage more women to train as counsellors and suggest that the NHS should promote their work.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Other

Health condition(s) or problem(s) studied

Breastfeeding

Interventions

1. Support from a breastfeeding counsellor
2. Standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Proportion of women breast-feeding to 4 months

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/12/1999

Eligibility

Key inclusion criteria

Women attending for antenatal care between 28 and 36 weeks of pregnancy are asked to complete the initial questionnaire, to determine if they are eligible for inclusion. Mothers were eligible for inclusion if they were considering breast feeding, not having breast-fed a previous child for more than 6 weeks

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

1. No spoken English
2. Unsafe for a volunteer to visit the woman's home

Date of first enrolment

01/12/1997

Date of final enrolment

01/12/1999

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of General Practice and Primary Care

London

United Kingdom

E1 4NS

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive London (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	03/01/2004		Yes	No