

# Long-term efficacy and safety of agomelatine in non-depressed out-patients with generalized anxiety disorder. A 26-week randomised double-blind placebo-controlled parallel group study following an open-label period of 16 weeks with agomelatine (25 mg/day with the possibility for blinded dose-adjustment to 50 mg/day)

<b>Submission date</b> 24/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 26/03/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 18/04/2018	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

Prof Istvan Bitter

### Contact details

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## Additional identifiers

## Clinical Trials Information System (CTIS)

2006-005674-47

### Protocol serial number

CL3-20098-050

## Study information

### Scientific Title

Long-term efficacy and safety of agomelatine in non-depressed out-patients with Generalized Anxiety Disorder. A 26-week randomised double-blind placebo-controlled parallel group study following an open-label period of 16 weeks with agomelatine (25mg/day with the possibility for blinded dose-adjustment to 50mg/day).

### Study objectives

To assess the efficacy of agomelatine in the prevention of relapse in non-depressed out-patients with Generalized Anxiety Disorder (GAD) after an initial response to agomelatine.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

First ethics committee approval in Estonia (Tallin Medical Research Ethics Committee) on 16/08 /2007 (ref: 1121)

### Study design

Randomised double-blind parallel-group placebo-controlled multi-centre phase III study

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Generalized anxiety disorder

### Interventions

Agomelatine versus placebo

### Intervention Type

Drug

### Phase

Phase III

### Drug/device/biological/vaccine name(s)

Agomelatine

**Primary outcome(s)**

Time to relapse

**Key secondary outcome(s)**

1. Evaluation of anxiety (Hamilton rating scale for anxiety [HAM-A])
2. Safety

**Completion date**

15/03/2010

**Eligibility****Key inclusion criteria**

1. Aged over 18 years
2. Out-patients of both genders
3. Fulfilling the Diagnostic and Statistical Manual of mental disorders fourth edition (DSM-IV) criteria for GAD

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Women of childbearing potential without effective contraception
2. Patients meeting DSM-IV-TR current diagnosis of psychiatric disorder other than GAD
3. Any clinically relevant abnormality detected during the physical examination, ECG or laboratory tests likely to interfere with the study conduct or evaluations

**Date of first enrolment**

15/10/2007

**Date of final enrolment**

15/03/2010

**Locations****Countries of recruitment**

Canada

Denmark

Estonia

Finland

Hungary

Sweden

**Study participating centre**  
**Department of Psychiatry and Psychotherapy**  
Budapest  
Hungary  
1083

## Sponsor information

**Organisation**  
Institut de Recherches Internationales Servier (France)

**ROR**  
<https://ror.org/034e7c066>

## Funder(s)

**Funder type**  
Industry

**Funder Name**  
Institut de Recherches Internationales Servier (France)

## Results and Publications

**Individual participant data (IPD) sharing plan**  
The datasets generated during and/or analysed during the current study will be available upon request from <https://clinicaltrials.servier.com> if a Marketing Authorisation has been granted after 1st January 2014.

**IPD sharing plan summary**  
Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2012		Yes	No
<a href="#">Basic results</a>				No	No