

# A double-blind placebo-controlled randomised trial of oral sodium clodronate for metastatic prostate adenocarcinoma

|                                        |                                                   |                                                                                                   |
|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>06/04/2000   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>06/04/2000 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>12/04/2012       | <b>Condition category</b><br>Cancer               | <input type="checkbox"/> Individual participant data                                              |

## Plain English summary of protocol

[http://www.ctu.mrc.ac.uk/research\\_areas/study\\_details.aspx?s=60](http://www.ctu.mrc.ac.uk/research_areas/study_details.aspx?s=60)

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

PR05

## Study information

### Scientific Title

**Study objectives**

Measure the efficacy and safety of oral sodium clodronate in preventing symptomatic bone disease

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Primary study design**

Interventional

**Study design**

Double blind placebo-controlled randomised trial

**Study type(s)**

Prevention

**Health condition(s) or problem(s) studied**

Prostate cancer

**Interventions**

1. One group receives 3 years of oral sodium clodronate
2. The other group receives a matching placebo for 3 years

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Oral sodium clodronate

**Primary outcome(s)**

Time to symptomatic bone progression; overall survival; impact on analgesic consumption.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/07/1998

**Eligibility****Key inclusion criteria**

1. Proven histological diagnosis of prostate cancer or Prostate-Specific Antigen (PSA) more than 100 mg/l
2. Metastatic bone disease demonstrated on bone scan or skeletal radiographs (Stage M1b)

3. Patients commencing or clinically responding to initial hormone treatment with orchidectomy, Luteinising Hormone Releasing Hormone (LHRH) analogues, cyproterone acetate, flutamide or complete androgen blockade but with no previous hormone treatment
4. Normocalcaemic (serum calcium within the normal range of the centre)
5. WHO performance status of 0, 1 or 2
6. No concomitant or previous use of other bisphosphonates
7. Serum creatinine less than twice upper limit of normal range of centre
8. No administration of any investigational drug within 12 months

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Male

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/06/1994

**Date of final enrolment**

01/07/1998

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

MRC Clinical Trials Unit

London

United Kingdom

NW1 2DA

**Sponsor information**

**Organisation**

Medical Research Council (MRC) (UK)

**Funder(s)****Funder type**

Research council

**Funder Name**

Medical Research Council (MRC) (UK)

**Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

**Funder Name**

Boehringer Mannheim / Roche (Switzerland)

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 03/09/2003   |            | Yes            | No              |
| <a href="#">Results article</a> | results | 01/09/2009   |            | Yes            | No              |