

Rehabilitation following critical illness

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 09/11/2022	Condition category Other	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Jane Eddleston

Contact details

Central Manchester Healthcare NHS Trust
Critical Care Unit
Manchester Royal Infirmary
Oxford Road
Manchester
United Kingdom
M13 9WL.
+44 (0)161 276 4551/2
Jeddleston@fs3.cmht.nwest.nhs.uk

Additional identifiers

Protocol serial number

RHC18082

Study information

Scientific Title

Rehabilitation following critical illness

Study objectives

To test whether the provision of a self-help rehabilitation package to patients recovering from a critical illness will: help to alleviate the stress many patients feel during their convalescence; improve their physical and psychological recovery; reduce costs to the NHS in terms of fewer readmissions to hospital, reduction in GP visits and fewer specialist referrals

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Critical illness rehabilitation

Interventions

1. Self-help rehabilitation package
2. Standard post-ICU care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Added 12/01/10:

1. Levels of depression and anxiety (Hospital Anxiety and Depression Scale)
 2. Phobic symptoms (Fear Index)
 3. Posttraumatic stress disorder (PTSD)-related symptoms (Impact of Events Scale)
 4. Scores on the Short-Form Health Survey physical dimension
- Measured at 8 wks and 6 months after intensive care unit (ICU) treatment
5. Memory for ICU was assessed at 2 wks post-ICU discharge using the ICU Memory Tool

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2000

Eligibility

Key inclusion criteria

Patients in rehabilitation from intensive care units (ICUs)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

126

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/01/1998

Date of final enrolment

01/01/2000

Locations**Countries of recruitment**

United Kingdom

Study participating centre

Central Manchester Healthcare NHS Trust

Manchester

United Kingdom

M13 9WL.

Sponsor information**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive North West (UK)

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2003		Yes	No