

Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 24/02/2015	Condition category Pregnancy and Childbirth	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RRCC/01F/31

Study information

Scientific Title
Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

Study objectives

The primary hypothesis of the study is that the incidence of postnatal depression is reduced in women participating in a twin antenatal programme compared to women with twins in a control group receiving standard care and relative to women expecting one baby receiving standard care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Postnatal depression

Interventions

1. Twin antenatal programme
2. Women with twins receiving standard care

Intervention Type

Behavioural

Primary outcome(s)

Post-natal depression

Key secondary outcome(s))

1. Maternal anxiety
2. Emotional well-being
3. Maternal satisfaction
4. Parental stress.

Completion date

10/01/2003

Eligibility**Key inclusion criteria**

Women who have given birth to healthy babies

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

10/01/2001

Date of final enrolment

10/01/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

19 Tankerville Terrace

Newcastle upon Tyne

United Kingdom

NE2 3AJ

Sponsor information**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)**Funder type**

Government

Funder Name

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2014		Yes	No