

# Treating facial scars with polydioxanone threads

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| <b>Submission date</b><br>09/11/2025   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>12/11/2025 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>12/11/2025       | <b>Condition category</b><br>Oral Health          | <input type="checkbox"/> Individual participant data  |

## Plain English summary of protocol

### Background and study aims

This study looks at a new way to treat scars using a special type of thread placed under the skin. The aim is to improve the appearance of scars by gently supporting the skin from underneath. Researchers want to understand how well this method works and how safe it is for patients.

### Who can participate?

Patients aged 18 - 40 years with a facial scar of at least 2 cm.

### What does the study involve?

Participants first have their scar examined and photographed. They are given full details about the procedure, possible risks, and follow-up appointments. During the procedure, the skin is cleaned and numbed. Then, fine threads are gently placed under the scar using a special needle. After the procedure, participants are given instructions to help with healing, such as using ice packs, avoiding facial movement, and not applying creams for a few days.

### What are the possible benefits and risks of participating?

The potential benefit is an improvement in the appearance of the scar. Risks may include discomfort, swelling, or complications related to the procedure, although these are expected to be minimal. Pain relief is available if needed.

### Where is the study run from?

Damascus University (Syria)

### When is the study starting and how long is it expected to run for?

August 2021 to January 2024

### Who is funding the study?

Damascus University (Syria)

### Who is the main contact?

asaad9.shehada@damascusuniversity.edu.sy

## Contact information

**Type(s)**

Public, Scientific, Principal investigator

**Contact name**

Dr Asaad Shehada

**Contact details**

Mazzeh highway

Damascus

Syria

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+963 994556568

asaad9.shehada@damascusuniversity.edu.sy

**Additional identifiers****Clinical Trials Information System (CTIS)**

Nil known

**Protocol serial number**

Nil known

**Study information****Scientific Title**

Treating facial scars with polydioxanone threads

**Study objectives**

Polydioxanone Threads efficacy in facial scar improvement

**Ethics approval required**

Ethics approval required

**Ethics approval(s)**

approved 30/08/2021, Local Research Ethics Committee of the Faculty of Dentistry (Damascus University, Damascus, -, Syria; +963 (0)1133923192; ap.srd@damascusuniverity.edu.sy), ref: DN-020524-13-H14

**Study design**

Interventional prospective non randomized

**Primary study design**

Interventional

**Study type(s)**

Efficacy, Treatment

**Health condition(s) or problem(s) studied**

Facial scars

## Interventions

At preoperative phase, an examination of the surgical site was conducted to assess any abnormalities, determining the dimensions of the scar, identifying its cause and duration since onset, as well as reviewing the patient's previous scar treatment history. Based on the aforementioned clinical diagnostic data, eligible patients were enrolled according to the inclusion criteria of the study. Each patient was provided with information about the study, the surgical procedure, potential complications, and the specified follow-up appointments. Informed consent was obtained for the surgical procedure, and photographs of the patient were taken before the procedure to evaluate the scar.

At surgical phase, the skin sterilization at the surgical site was performed using 4% povidone iodine solution, followed by the skin anesthesia, which achieved with 20% benzocaine typical anesthetic. Local anesthesia at the surgical site was also administered through the injection of 2% lidocaine containing 1:80,000 epinephrine along the edges of the scar. Using an 18-gauge needle, a point of entry was created at the beginning of the scar, and this needle was inserted along the length of the scar to its end, creating a pathway for inserting the needle carrying polydioxanone threads. The needles carrying the threads (with non-working heads) and loaded with 14 threads were then inserted. Polydioxanone threads (BeauMed, Hydra Multi, Korea) measuring 50 mm for the thread and 38 mm for the needle were used. These threads were smooth and had a non-working head needle containing 14 threads made of polydioxanone size 0-7, with a core thread size of 0-5. The subcutaneous layer was the targeted layer for placing the threads, the cannula is inserted, and with gentle pressure applied by the left hand on the scar, the cannula (needle carrying the threads) is smoothly removed, leaving the threads in place under the skin and the excess portion of the threads is trimmed.

At post-operative phase, the patient is given the following instructions: Apply ice packs to the scar for 10 minutes, limit facial movement for 24 hours, and avoid facial creams or cosmetics for 48 hours. Refrain from facial pulling or massaging for two weeks and avoid strenuous exercise for three days. The patient is advised to take pain medication only when necessary if experiencing discomfort.

## Intervention Type

Procedure/Surgery

## Primary outcome(s)

1. The Patient and Observer Scar Assessment Scale at (baseline, after a month, after six months)
2. Goodman & Baron Scar Scale at (baseline, after a month, after six months)
3. Global Aesthetic Improvement Scale at (baseline, after a month, after six months)
4. Patient Satisfaction at (after six months)

## Key secondary outcome(s)

There are no secondary outcome measures

## Completion date

30/01/2024

## Eligibility

### Key inclusion criteria

1. Linear atrophic facial scars resulting from previous surgical procedures, or prior accidents, with scar lengths of at least 2 cm
2. Ages ranging from 18 to 40 years
3. Scars should be at least 6 months old

4. Patients should be capable of adhering to the research protocol and completing follow-up sessions

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

40 years

**Sex**

All

**Total final enrolment**

20

**Key exclusion criteria**

1. Surgical site infection during follow-up periods
2. Patient's non-compliance with follow-ups

**Date of first enrolment**

30/01/2022

**Date of final enrolment**

30/01/2023

**Locations**

**Countries of recruitment**

Syria

**Study participating centre**

Faculty of Dentistry/ Damascus University

Almazzeh

Damascus

Syria

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**Sponsor information**

## Organisation

Damascus University

## ROR

<https://ror.org/03m098d13>

## Funder(s)

### Funder type

University/education

### Funder Name

Damascus University

### Alternative Name(s)

University of Damascus, , DU

### Funding Body Type

Government organisation

### Funding Body Subtype

Universities (academic only)

### Location

Syria

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Data sharing statement to be made available at a later date

#### Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> |         | 11/02/2025   | 10/11/2025 | Yes            | No              |