

An analysis of 1+2+1 interventions (a brief therapy model) and its applications to a community mental health team (CMHT) setting

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 24/10/2019	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RMH37

Study information

Scientific Title
An analysis of 1+2+1 interventions (a brief therapy model) and its applications to a community mental health team (CMHT) setting

Study objectives

The objective is to test the hypothesis 'There is no significant difference in outcomes between limited interventions (i.e. 1+2+1) and non-limited interventions approaches to a specific team'. We are assessing a model of care and service delivery for suitability in treating people with stress /specific problem related issues. This is in order to safely decrease input/resources for individuals whose difficulties are less severe than those with enduring mental illness. At point of referral clients for whom the approach may be suitable are identified. They will be assessed at first appointment and if suitability is confirmed they will be randomly allocated to either a study group or a control group. The amount of care input into the control group would be variable with a traditional 'open-ended' number of sessions whilst input into the study group would be limited to three further sessions. Assessments would be made on both groups and the results compared.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and behavioural disorders: depression, anxiety, neuroses

Interventions

1. Limited intervention
2. Non-limited intervention

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/09/1997

Eligibility

Key inclusion criteria

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

10/01/1995

Date of final enrolment

30/09/1997

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Airedale NHS Trust

Bingley

United Kingdom

BD16 2RJ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive Northern and Yorkshire (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration