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Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

Submission date
20/10/2005

Recruitment status
No longer recruiting

Registration date
26/10/2005

Overall study status
Completed

Last Edited
02/11/2022

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

Acronym
Solutions at Work

Study objectives
The aim of the current study was to assess the efficacy of participating in a solution-focused intervention for sick listed employees with mental health problems or musculoskeletal disease. Efficacy was measured by the number of absence days per person, work status as well as perceived health status.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Mental health problems as well as musculoskeletal problems

Interventions
Intervention: Solution oriented counselling offered in a group and/or individual setting.
Control: Most of the individuals in the control group took part in some sort of alternative treatment of their own choice i.e. usual care.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Lost work days, work status after 12 months

Key secondary outcome(s)
Self assessed health status (SF-36)

Completion date
01/01/2003

Eligibility

Key inclusion criteria
Employees sick-listed for more than seven weeks due to non-severe psychological problems or musculoskeletal pain were eligible.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
Employees with more serious psychological diagnoses were excluded because many of them would probably need treatment by mental health specialists. Some of the musculoskeletal diagnoses were also considered ineligible for the intervention and excluded.

Date of first enrolment
01/01/2001

Date of final enrolment
01/01/2003

Locations

Countries of recruitment
Norway

Study participating centre
Sundmannveien 7
Fjerdingby
Norway
2008

Sponsor information

Organisation
Norwegian Knowledge Centre for the Health Services

ROR
https://ror.org/01thff661

Funder(s)

Funder type
Government

Funder Name
Directorate for Health and Social Affairs

Results and Publications

Individual participant data (IPD) sharing plan
Not provided at time of registration

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	publication:	03/06/2003		Yes	No
Results article	publication:	16/03/2006		Yes	No