

Effectiveness of the "Smoke-Free Class Competition" (SFC) in delaying the onset of smoking in Polish students: a cluster-randomized controlled trial

Submission date 18/12/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 14/01/2008	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 28/05/2008	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives

SFC shows a preventive effect on knowledge, attitudes and smoking behaviour

Ethics approval required

Old ethics approval format

Ethics approval(s)

Bioethics Commission of the University of Medical Sciences in Poznan, Poland. Date of approval: 15 May 2008 (ref: 511/08)

Study design

Prospective, cluster-randomized, controlled trial.

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Smoking prevention

Interventions

Participating schools will be randomised to the intervention and control groups.

Intervention group: "Smoke-Free Class Competition" ("Współzawodnictwo Klasa Wolna od Dymu")

Control group: Treatment as usual

Description of the intervention: Each participating class has to decide if they want to be a "Smoke-free Class" for a six-month period from fall to spring. Classes monitor their (non-) smoking behaviour and report it to the teacher regularly. Classes, in which pupils refrain from smoking for this period of time participate in a prize draw.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The following will be assessed by questionnaires at the end of intervention and at 12- and 18-month follow-up:

1. Knowledge on smoking consequences
2. Attitudes towards smoking
3. Intention to use tobacco
4. Smoking status

Key secondary outcome(s)

The following will be assessed by questionnaires at the end of intervention and at 12- and 18-month follow-up:

1. Class climate
2. Bullying

Completion date

31/12/2009

Eligibility

Key inclusion criteria

1. Students of public schools
2. Age between 10-13 years old (10 year on the beginning of the study, 4th grade)
3. Written consent of parents

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

10 years

Upper age limit

13 years

Sex

All

Key exclusion criteria

1. Students of schools with special pedagogic needs
2. Missing parental consent

Date of first enrolment

15/10/2007

Date of final enrolment

31/12/2009

Locations

Countries of recruitment

Germany

Poland

Study participating centre

Institute for Therapy and Health Research (IFT- Nord)
Kiel

Germany
24105

Sponsor information

Organisation

European Commission

ROR

<https://ror.org/00k4n6c32>

Funder(s)

Funder type

Other

Funder Name

European Commission

Alternative Name(s)

European Union, Comisión Europea, Europäische Kommission, EU-Kommissionen, Euroopa Komisjoni, EC, EU

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary