

Is it possible to develop a home based package of interventions delivered by community based women that will improve levels of maternal, newborn, child and HIV care in a disadvantaged community in South Africa?

Submission date 03/11/2009	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
Registration date 04/01/2010	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 01/07/2013	Condition category Neonatal Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Mark Tomlinson

Contact details
Department of Psychology
Stellenbosch University
Private Bag X1,
Matieland,
7602,
South Africa
Stellenbosch
South Africa
7602
markt@sun.ac.za

Additional identifiers

Study information

Scientific Title

An effectiveness study of an integrated, community based package for maternal, newborn, child and HIV care in a disadvantaged community in South Africa

Study objectives

This study aims to test the hypothesis that infants in clusters receiving a home based package of interventions, will have significantly improved HIV free survival and higher levels of exclusive appropriate feeding at 12 weeks postnatally, relative to control clusters receiving improved health facility care and key information to the mother and family on available social grants and the processes for gaining access to these grants.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The Medical Research Council (South Africa) Ethics Committee approved on the 5th of May 2008 (Protocol ID: EC08-002)

Primary study design

Interventional

Study design

Cluster randomised unblinded active controlled trial

Study type(s)

Other

Health condition(s) or problem(s) studied

Mother to child transmission of HIV; neonatal health

Interventions

1. Antenatal visit 1 at home

Content in this visit will include:

- 1.1. Antenatal care action immunisations/micronutrient supplementation
- 1.2. Focus on the importance of VCT (linking this with the PMTCT programme and the benefits of testing to the mother)
- 1.3. Emphasise the importance of antenatal care
- 1.4. Key messages on appropriate infant feeding
- 1.5. Encourage exclusive breastfeeding in HIV negative women or women of unknown HIV status.
- 1.6. For HIV positive women, assist with thinking about infant feeding options
- 1.7. Input regarding infant communication and the mother-infant relationship

2. Antenatal visit 2 at home

Content in this visit will include:

- 2.1. Birth plans place of birth, support during labour, care plans if returning to work
- 2.3. Danger signs and emergency plans this will be done, if possible together with other family members in order to elicit their input regarding possible plans in the event of an emergency, including recognition of danger signs, emergency transport plan and emergency funds if needed

2.4. Homecoming arrangements

2.5. Follow up and re-emphasis on VCT, PMTCT, the key messages on appropriate infant feeding that were provided in antenatal visit 1; further discussion in terms of assisting with the implementation of chosen feeding option

2.6. Additional input on infant communication and the warning signs of postnatal depression

3. Postnatal visit 1 at home (24-48hrs)

Content in this visit will include:

3.1. Assessment of newborn breathing, thermal care, colour, bleeding, neonatal eye care, checklist of danger signs

3.2. Assessment of mother - bleeding, signs for infection, mastitis

3.3. Early recognition of illness (superficial or systemic) and help seeking

3.4. Exclusive breastfeeding or appropriate infant feeding support

3.5. Hygienic cord care and what to expect regarding when the cord will drop off

3.6. Thermal care, skin to skin care and Kangaroo care if needed for preterm babies

3.7. Ensure that babies of HIV positive women have received Nevirapine

3.8. Information about warning signs for mother or baby and what to do

3.9. Support for women who have the blues

4. Postnatal visit 2 at home (3-4 days)

Content in this visit will include:

4.1. Assessment of the mother and the newborn, Further input on the early recognition of illness (superficial or systemic) and help seeking

4.2. Monitoring and follow up of breastfeeding or appropriate feeding and possible feeding problems

4.3. Further support for hygiene, thermal care and cord care, with Kangaroo care input if needed for preterm babies

4.4. 1st week clinic visit reminder

4.5. Information about warning signs for mother or baby and what to do

4.6. Newborn Interactive Assessment - demonstration of the abilities of infants and infant communication and social responsiveness. Sleeping, crying, consolability and wider concerns

5. Postnatal visit 3 at home (10-14 days)

Content in this visit will include:

5.1. Early recognition of illness (superficial or systemic) and help seeking

5.2. Ongoing monitoring of breastfeeding or other appropriate feeding

5.3. Information about warning signs for mother or baby and what to do

5.4. Promote attendance at clinic for 6 week visit for mother to have access to family planning and baby to receive immunisations and the babies of HIV+ women been given bactrim and HIV testing

5.5. Mother infant interaction modelling and communication input

5.6. Assess for signs of postnatal depression

6. Postnatal visit 4 at home (3-4 weeks)

Content in this visit will include:

6.1. Early recognition of illness (superficial or systemic) and help seeking

6.2. Ongoing monitoring of breastfeeding or other appropriate feeding

6.3. Information about warning signs for mother or baby and what to do

6.4. Promote attendance at clinic for 6 week visit for mother to have access to family planning and baby to receive immunisations and the babies of HIV+ women been given bactrim and HIV

testing

6.5. Mother infant interaction modelling and communication input

6.6. Assess for signs of postnatal depression

7. Postnatal visit 5 at home (7-8 weeks)

Content in this visit will include:

7.1. Further input on feeding including advice regarding weaning

7.2. Infant weight from clinic card (6 week visit)

7.3. Mother infant attachment

7.4. Checklist of signs of postnatal depression

7.5. Has the child been tested for HIV at six weeks and receiving cotrimoxazole

7.6. Formula sustainability for HIV positive women using formula milk

7.7. Family planning and counselling

7.8. Input on milestones and information and specific skills about the stimulation of infants

All intervention visits will be delivered by community health workers targeting pregnant women and postnatal women and their newborns to provide essential maternal and newborn care. All visits will take place in the home

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. HIV free infant survival at 12 weeks postpartum

2. Levels of exclusive and appropriate infant feeding at 12 weeks postpartum

Key secondary outcome(s)

1. Better uptake of a postnatal clinic visit within 7 days of life

2. Coverage of care and behavioural indicators (antenatal HIV testing, uptake of cotrimoxazole amongst HIV exposed infants at 6 weeks, family planning uptake at 6 weeks)

3. Levels of maternal depression at 12 weeks postpartum

4. To assess whether the intervention is cost-effective compared to improved health facility care alone. This will be evaluated in terms of cost per HIV infection averted and disability-adjusted life years (DALYs) saved

Completion date

31/10/2010

Eligibility

Key inclusion criteria

All pregnant women aged 16-49 years who give informed consent for study participation

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

17/06/2008

Date of final enrolment

31/10/2010

Locations

Countries of recruitment

South Africa

Study participating centre

Department of Psychology

Stellenbosch

South Africa

7602

Sponsor information

Organisation

Saving Newborn Lives (Save the Children) (USA)

ROR

<https://ror.org/036jr6x18>

Funder(s)

Funder type

Other

Funder Name

Center for Disease Control (CDC) (USA)

Funder Name

Saving Newborn Lives (Save the Children) (USA)

Funder Name

World Health Organization (WHO)

Alternative Name(s)

, , Всемирная организация здравоохранения, Organisation mondiale de la Santé, Organización Mundial de la Salud, WHO, , ВОЗ, OMS

Funding Body Type

Government organisation

Funding Body Subtype

International organizations

Location

Switzerland

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	06/02/2013		Yes	No
Protocol article	study protocol	01/11/2011		Yes	No