

Prevention of postnatal depression by a brief antenatal intervention

Submission date

23/01/2004

Recruitment status

No longer recruiting

Registration date

23/01/2004

Overall study status

Completed

Last Edited

06/12/2013

Condition category

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

NMH8C

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and behavioural disorders: Depression, anxiety, neuroses; Pregnancy and childbirth: Childbirth

Interventions

A brief structured, psychosocial intervention designed to reduce deficits in social support, based on principles of social support and problem solving plus standard antenatal care. Standard antenatal care was available to all women throughout the study. An outcome assessment was completed at 3 months with all women willing to be seen postnatally.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/01/2002

Eligibility**Key inclusion criteria**

Women attending their first antenatal clinical were screened to identify their risk of postnatal depression. Eligible subjects were assessed during the second trimester of pregnancy and those wishing to attend the intervention randomised to the intervention or control condition.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Female

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

10/01/1999

Date of final enrolment

31/01/2002

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of Psychiatry Academic Unit

Leicester

United Kingdom

LE5 4PW

Sponsor information**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Mental Health National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2000		Yes	No