

Working Well with Back Pain - Phase 2

Submission date 23/04/2010	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/04/2010	Overall study status Completed	☐ Protocol
Last Edited 22/07/2013	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
7086

Study information

Scientific Title
Changing perceptions of work ability in people with low back pain: feasibility and economic evaluation (phase 2)

Study objectives

To examine the feasibility of adding an individually targeted enhanced vocational dimension to an existing NHS rehabilitation programme for employed patients with back pain.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Derbyshire Research Ethics Committee approved on the 24th March 2009 (ref: 09/H0401/15)

Study design

Randomised interventional treatment trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England, Musculoskeletal; Subtopic: Not Assigned, Musculoskeletal (all Subtopics); Disease: Musculoskeletal, All Diseases

Interventions

Control: Group back pain rehabilitation programme

Intervention: Group rehabilitation plus individually targeted work-focused intervention - up to 8 face-to-face treatments over a 16 week period from baseline.

Intervention Type

Other

Phase

Phase II

Primary outcome(s)

Perceived work ability, measured with the Work Ability Index at baseline and at 6 months post-randomisation

Key secondary outcome(s)

All measured at baseline and 6 months post-randomisation:

1. Roland and Morris Disability Questionnaire

Completion date

31/10/2009

Eligibility**Key inclusion criteria**

1. Offered treatment by Nottingham Back and Pain Team
2. Employed

3. Concerned about work ability due to low back pain
4. Aged 18 years and over, male and female

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Already receiving vocational rehabilitation via NHS for low back pain
2. Not fluent in English

Date of first enrolment

08/05/2009

Date of final enrolment

31/10/2009

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Division of Rehabilitation and Ageing

Nottingham

United Kingdom

NG7 2UH

Sponsor information**Organisation**

University of Nottingham (UK)

ROR

<https://ror.org/01ee9ar58>

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (ARC) (UK) (ref: 17891)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2013		Yes	No