

# Vitamin supplementation in adult coeliac disease patients

**Submission date**

16/03/2006

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

21/04/2006

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

11/01/2021

**Condition category**

Nutritional, Metabolic, Endocrine

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Prof Claes Hallert

**Contact details**

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Sweden  
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## Additional identifiers

## Study information

**Scientific Title**

Vitamin supplementation in adult coeliac disease patients

**Study objectives**

Vitamin supplementation for six months will normalize biochemical markers, general well-being and gastrointestinal symptoms in adults with longstanding coeliac disease

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approved by the Linköping University Ethics Committee, Linköping, Sweden on 19/05/2004, reference number: 44/04

**Primary study design**

Interventional

**Study design**

Randomised, double-blind, parallel, placebo-controlled study

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Adult coeliac disease under dietary treatment

**Interventions**

A daily dose of TrioBe® (800 µg folic acid, 500 µg cyanocobalamin, 3 mg pyridoxine) versus placebo for six months

**Intervention Type**

Supplement

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Vitamin supplements

**Primary outcome(s)**

To determine if plasma total homocysteine, a marker of vitamin deficiency, could be normalized by six months of vitamin supplementation

**Key secondary outcome(s)**

To determine if psychological general well-being or gastrointestinal symptoms could be normalized by six months of vitamin supplementation

**Completion date**

28/11/2005

## **Eligibility**

**Key inclusion criteria**

1. Men and women aged 45-64 yrs with a biopsy-proven coeliac disease treated for at least 8 years and in proven remission
2. Declaration of keeping a strict gluten free diet
3. Written informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

65

**Key exclusion criteria**

1. Concomitant serious disease
2. Hypersensitivity to B-vitamins
3. Positive coeliac disease serology
4. Unable to comply with protocol
5. Previous small intestinal resection
6. Vitamin supplementation during last three months
7. Concomitant phenobarbital, phenytoin, methotrexate and/or trimethoprim

**Date of first enrolment**

15/12/2003

**Date of final enrolment**

28/11/2005

**Locations****Countries of recruitment**

Sweden

**Study participating centre**

NSÖ stab

Norrköping

Sweden

S-601 82

**Sponsor information****Organisation**

Recip AB (Sweden)

ROR

<https://ror.org/01apnjb23>

## Funder(s)

### Funder type

Industry

### Funder Name

Recip AB

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 15/04/2009   | 11/01/2021 | Yes            | No              |