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An evaluation of a brief assessment-led intervention with young non-injecting drug users

Submission date
13/02/2008

Recruitment status
No longer recruiting

Registration date
26/02/2008

Overall study status
Completed

Last Edited
06/08/2020

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
V#1, 10/01/06

Study information

Scientific Title
An evaluation of a brief assessment-led intervention with young non-injecting drug users

Study objectives
That participants receiving a brief assessment-led intervention would at 3 months follow-up have a lower mean frequency of cannabis use, cocaine use, crack cocaine use and MDMA (3,4 methylenedioxymethamphetamine; Ecstasy) use combined than delayed assessment control participants

Ethics approval required
Old ethics approval format

Ethics approval(s)
King's College London, 17/10/2005, ref: 05/Q0706/219

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Substance misuse

Interventions
Experimental: A brief assessment-led intervention
a. Drugs and Lifestyle Assessment
b. Manual guided 30 minute feedback interview
Control 1: Assessment only
Control 2: Delayed assessment

Intervention Type
Behavioural

Primary outcome(s)
Combined frequency of cocaine powder use, crack cocaine use, MDMA use and cannabis use, assessed at baseline and 90 days

Key secondary outcome(s)
The following were assessed at baseline and 90 days:
1. Typical intensity of cannabis use, cocaine use, crack cocaine use and MDMA use at 90 days
2. Drug dependency: Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders, 4th edition (DSM-IV) Personality Disorders (Structured Clinical Interview for DSM-IV Axis II Personality Disorders; SCID-II)
3. Alcohol frequency and intensity
4. Hazardous drinking: The Alcohol Use Disorders Identification Test (AUDIT)

5. General health: EQ-5D A multi-dimensional Quality of Health Instrument (EurQol)
6. Psychological health: General Health Questionnaire (GHQ 12)
7. Engagement with health and social services

Completion date
29/01/2008

Eligibility

Key inclusion criteria
1. 16 to 28 years old
2. Using either cannabis, cocaine powder, crack cocaine, or MDMA on four days in previous month
3. Able speak and comprehend English
4. Written consent

Participant type(s)
Other

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Total final enrolment
342

Key exclusion criteria
1. In contact with a drug/alcohol treatment agency in previous 12 months
2. Used opiates more than 30 days in the previous 90 days or in the previous 48 hours before interview
3. Injected more than once in the last 12 months and no more than ten times lifetime
4. Receiving specialist treatment for a mental health problem
5. Participated in a similar research study in the previous 12 months

Date of first enrolment
01/10/2005

Date of final enrolment
29/01/2008

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Institute of Psychiatry
London
United Kingdom
SE5 8AF

Sponsor information

Organisation
King's College London (UK)

ROR
https://ror.org/0220mzb33

Funder(s)

Funder type
Government

Funder Name
Department of Health of England & Wales, Drug Misuse Research Initiative (Phase 2) (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2006	06/08/2020	Yes	No