

# An evaluation of a brief assessment-led intervention with young non-injecting drug users

<b>Submission date</b> 13/02/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 26/02/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 06/08/2020	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
V#1, 10/01/06

## Study information

**Scientific Title**

An evaluation of a brief assessment-led intervention with young non-injecting drug users

**Study objectives**

That participants receiving a brief assessment-led intervention would at 3 months follow-up have a lower mean frequency of cannabis use, cocaine use, crack cocaine use and MDMA (3,4 methylenedioxymethamphetamine; Ecstasy) use combined than delayed assessment control participants

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

King's College London, 17/10/2005, ref: 05/Q0706/219

**Primary study design**

Interventional

**Study design**

Randomised controlled trial

**Study type(s)**

Prevention

**Health condition(s) or problem(s) studied**

Substance misuse

**Interventions**

Experimental: A brief assessment-led intervention

- a. Drugs and Lifestyle Assessment
- b. Manual guided 30 minute feedback interview

Control 1: Assessment only

Control 2: Delayed assessment

**Intervention Type**

Behavioural

**Primary outcome(s)**

Combined frequency of cocaine powder use, crack cocaine use, MDMA use and cannabis use, assessed at baseline and 90 days

**Key secondary outcome(s)**

The following were assessed at baseline and 90 days:

1. Typical intensity of cannabis use, cocaine use, crack cocaine use and MDMA use at 90 days
2. Drug dependency: Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders, 4th edition (DSM-IV) Personality Disorders (Structured Clinical Interview for DSM-IV Axis II Personality Disorders; SCID-II)
3. Alcohol frequency and intensity
4. Hazardous drinking: The Alcohol Use Disorders Identification Test (AUDIT)

5. General health: EQ-5D A multi-dimensional Quality of Health Instrument (EurQol)
6. Psychological health: General Health Questionnaire (GHQ 12)
7. Engagement with health and social services

**Completion date**

29/01/2008

## Eligibility

**Key inclusion criteria**

1. 16 to 28 years old
2. Using either cannabis, cocaine powder, crack cocaine, or MDMA on four days in previous month
3. Able speak and comprehend English
4. Written consent

**Participant type(s)**

Other

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

342

**Key exclusion criteria**

1. In contact with a drug/alcohol treatment agency in previous 12 months
2. Used opiates more than 30 days in the previous 90 days or in the previous 48 hours before interview
3. Injected more than once in the last 12 months and no more than ten times lifetime
4. Receiving specialist treatment for a mental health problem
5. Participated in a similar research study in the previous 12 months

**Date of first enrolment**

01/10/2005

**Date of final enrolment**

29/01/2008

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**  
**Institute of Psychiatry**  
London  
United Kingdom  
SE5 8AF

## Sponsor information

**Organisation**  
King's College London (UK)

**ROR**  
<https://ror.org/0220mzb33>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Department of Health of England & Wales, Drug Misuse Research Initiative (Phase 2) (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2006	06/08/2020	Yes	No